LOGAN HEIGHTS PHYSICAL FITNESS CENTER REOPENING PLAN

BE ADVISED: Logan **PFC** reserves the right to deny the use of the facility to any person not following the guidelines set forth to maintain health, safety and sanitary measures for patrons and equipment.

Logan Heights Physical Fitness Center will re-open with certain specific restrictions. In an effort to reduce risks associated with COVID-19, patrons and Logan PFC employees must adhere to the following directives:

- Only Active Duty, Retirees, Family Members and DOD ID Cardholders 18+ allowed in accordance with specific allocated times. (100% ID check)
- Patrons must maintain 6ft social distancing at all times. Markers are placed on the ground leading to gym entrance.
- Patrons MUST wash hands before entering the gym using portable hand wash stations located outside the gym. Disposable gloves must be taken off before washing hands.
- Face Covering required at all times in the gym. The ONLY exception is while ON cardio equipment.
- Appropriate signage is placed inside & outside of the gym areas providing rules & social distancing guidelines. All staff will be on site to ensure rules & social distancing guidelines are being followed.
- ONLY an ID card, bottle of water, phone and car keys allowed inside the gym. The allowed items must be on your person at all times.
- Super setting is prohibited
- Patrons are required to wipe down all equipment immediately after each use. Disinfectant wipes are provided by Logan PFC.
- Patrons DO NOT have access to showers or locker rooms. NO changing is allowed. Patrons must come in workout attire to be able to use Logan PFC.
- Male and Female Latrines will be available: Only 4 patrons allowed in each latrine at any time.
- Patrons must leave the facility immediately after their workout is complete, use of hand sanitizer is strongly encouraged and will be available at the exit. Washing your hands with soap and water for at least 20 seconds when arriving home is recommended.
- Drinking fountains will be unavailable.
- Fitness classes and sports activities are postponed until further notice.

bliss.armymwr.com