CYS SERVICES DIABETES EMERGENCY MEDICAL ACTION PLAN

(Form to be completed by Health Care Provider)

Child/Youth's Name	Date of Birth	Date
Sponsor Name		
Health Care Provider	Health Care Provider Phone	

PRIVACY ACT STATEMENT

AUTHORITY: 10 U.S.C. 3013, Secretary of the Army; 29 U.S.C. 794, Nondiscrimination Under Federal Grants and Program; DoDD 1342.17 Family Policy; AR 608-75, Exceptional Family Member Program; AR 608-10, Child Development Services.

PRINCIPAL PURPOSE: Information will be used to assist Army activities in their responsibilities in overall execution of the Army's Exceptional Family Member Program (EFMP) and the Army Child and Youth Services Program.

ROUTINE USES: The DoD "Blanket Routine Uses" that appear at the beginning of the Army's compilation of systems of records apply to this system.

DISCLOSURE: Disclosure of requested information is voluntary; however, if information is not provided individual may not be able to participate in Army Child and Youth Services Program.

In order to ensure the child/youth can be accommodated in a safe and healthy manner into a group child care setting, this plan should be completed by the child's health care provider in coordination with the CYS Services child/youth center's health consultant/Army Public Health Nurse (APHN) and the parent(s)/guardian(s). This plan should be developed with the understanding that child caregivers (non-medical personnel) responsible for caring for children in a group setting may be performing the tasks ordered on this Diabetes Daily Medical Action Plan. APHN Contact Information: _____

Normal blood glucose range for child/youth: _____ to _____

Hypoglycemia - Mild to Moderate, blood glucose levels below 70 mg/dl and child is able to swallow (Low Blood Sugar) Symptoms

- □ Shakiness
- □ Pale or flushed face
- □ Sweaty
- □ Irritable/Confused
- □ Looks dazed
- □ Headache
- □ Weak
- □ Hungry
- □ Dizzy
- □ Other: _____

Treatment of Hypoglycemia (if child is unresponsive, or unable to swallow – initiate EMERGENCY RESPONSE)

1) If blood glucose is between _____ and _____ and child/youth is able to swallow give:
   - □ 3-4 glucose tablets
   - □ 15 gm glucose gel
   - □ A small cup of regular juice or soda (4 ounces)
   - □ Other: _____

Repeat blood glucose level in 15 minutes

2) If blood glucose is between _____ and _____ and child/youth is able to swallow, repeat food items per step 1.

Repeat blood glucose level in 15 minutes

3) If blood glucose remains between _____ and _____, repeat food items per step 1 and contact parents for pickup for non-response of blood glucose levels.

If after steps 1-2 child/youth blood glucose is below _____ and/or for signs/symptoms of severely low blood glucose:

UNCONSCIOUS, UNRESPONSIVE, OR SEIZURES - CONDUCT EMERGENCY RESPONSE PROTOCOL!

EMERGENCY RESPONSE: SEVERELY LOW BLOOD GLUCOSE REQUIRES IMMEDIATE ACTION	**Notify Emergency Medical Services and notify parent/guardian.** □ **Administer Glucagon (as prescribed)**

Hyperglycemia - Mild to Moderate, blood glucose greater than 300 mg/dl (High Blood Sugar) Symptoms

- □ Frequent Urination
- □ Extreme Thirst
- □ Unable to Concentrate
- □ Nausea / Stomach ache
- □ Warm/dry flushed skin
- □ Combative behavior
- □ Heavy breathing
- □ Headache
- □ "Feels low"
- □ Other: _____

Treatment of Hyperglycemia

If blood glucose is between _____ and _____monitor for symptoms and check blood glucose per daily care plan.

If blood glucose is between _____ and _____:

- □ Give child/youth _____ cups of water per hour.
- □ Check □ Urine □ Blood ketones every _____ hour(s).
- □ Other: _____

Repeat blood glucose level in _____ minutes

If blood glucose is between _____ and _____ give an additional dose of insulin of _____ units.

Repeat blood glucose level in _____ minutes

If blood glucose is between_____ and _____ notify parents/guardian for pick-up.

For signs/symptoms of severely high blood glucose (hyperglycemia):

SHORTNESS OF BREATH, VOMITING, BLOOD KETONES OF _____, OTHER: _____

CONDUCT EMERGENCY RESPONSE PROTOCOL

EMERGENCY RESPONSE: SEVERELY HIGH BLOOD GLUCOSE REQUIRES IMMEDIATE ACTION	**For blood sugar above _____, Notify Emergency Medical Services and notify parent/guardian.** **Additional Instructions:**

Child/Youth's Name	Date of Birth

PILOT - CYS SERVICES DIABETES EMERGENCY MEDICAL ACTION PLAN

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Follow Up

This Diabetes Emergency Medical Action Plan must be updated/revised whenever medications or child/youth's health status changes. If there are no changes, the Diabetes Emergency Medical Action Plan must be updated at least every 12 months.

Field Trip Procedures

- Rescue medications should accompany child during any off-site activities.
- The child/youth should remain with staff or parent/guardian during the entire field trip: □ Yes □ No
- Staff/providers on trip must be trained regarding rescue medication use and this health care plan.
- This plan must accompany the child on the field trip.
- Other: (specify) _____

Self-Medication for School Age Youth

□ **YES** Youth can self-medicate. I have instructed _____in the proper way to use his/her medication. It is my professional opinion that s/he **SHOULD** be allowed to carry and self-administer his/her medication. Youth has been instructed not to share medications and should youth violate these restrictions, the privilege of self-medicating will be revoked and the youth's parents notified. Youth is required to notify staff when carrying medication

□ **NO** It is my professional opinion that _____ **SHOULD NOT** carry or self-administer his/her medication.

Bus Transportation should be Alerted to Child/Youth's Condition.

- This child/youth carries rescue medications on the bus. □ Yes □ No
- Rescue medications can be found in: □ Backpack □ Waist pack □ On Person □ Other: _____
- Child/youth will sit at the front of the bus. □ Yes □ No
- Other:_____

Parental Permission/Consent

Parent's signature gives permission for child/youth personnel who have been trained in medication administration by the APHN or their designee to administer prescribed medicine and to contact emergency medical services if necessary. I understand that I am responsible for providing all of the medication and other necessary items for my child's/youth's care, to include sharps waste disposal and management. I also understand my child/youth must have required medication with him/her at all times when in attendance at CYS programs. **Parent must be readily available via telephone in the event of a diabetic emergency.**

Youth Statement of Understanding

I have been instructed on the proper way to use my medication. I understand that I may not share medications and should I violate these restrictions, my privileges may be restricted or revoked, my parents will be notified and further disciplinary action may be taken. I am also required to notify staff when carrying or taking my medication.

I agree with the plan outlined above.

Printed Name Parent/Guardian	Parent/Guardian Signature	Date (YYYYMMDD)
Printed Name Youth, if applicable	Youth Signature	Date (YYYYMMDD)
Stamp of Health Care Provider	Health Care Provider Signature	Date (YYYYMMDD)
Printed Name Program Director / FCC Provider	Program Director / FCC Director Signature	Date (YYYYMMDD)
Printed Name APHN/Health Consultant	APHN/Health Consultant Signature	Date (YYYYMMDD)