

Start Smart 1 & 2

Coed Camp

Date: July 23-27/August 6-10

Location: Youth Sports Plex

Ages: 4-7 yrs.

Time: 0900-1100

Cost: 25.00

One of our most popular camps! The Start Smart Development Program teaches children ages 4-7 the basic motor skills necessary to play organized sports while they work one-on-one and spend quality time with youth sports staff & volunteers.



T-Ball Camp

Coed Camp

Date: June 4-8

Location: Youth Sports Plex

Ages: 4-6 yrs.

Time: 0900-1100

Cost: 35.00

This camp offers technique, world-class fun and is a proven resource to help develop novice and elite competitors. The camp will focus on fundamental skills and principles that are common in every game at every level.



Football Camp 7 vs 7

Coed Camp

Date: June 4-8

Location: Youth Sports Plex

Ages: 7/8, 9/11, 12/13 yrs.

Time: 1830-2030

Cost: \$35.00 (per 7 players/team)

Youth Sports will be hosting a week long 7 vs 7 football Camp. Teams will be limited to 7 players per team. Basic fundamentals of football skills, drills, and team play.



2018 Youth Sports & Fitness Summer Camps



CYS Youth Sports Plex
195 Chaffee Rd
Fort Bliss, Texas 79916

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CYS Youth Sports & Fitness

We invite your child to be part of the 2018 Fort Bliss Youth Sports and Fitness Camps! Our Camps give young athletes the opportunity to improve their skills, have fun and learn from excellent coaching staff. All Camps are five day camps and includes free camp shirt.

UTEP Volleyball Camp

Date: June 4-8

Location: Youth Sports Plex

Ages: 7-12 yrs.

Time: 0900-1130

Cost: \$35.00



The camp is committed to teaching fundamentals, developing individual skills and enhancing camper's Volleyball knowledge in a fun and exciting environment. Youth will also drill and compete within their age group in various skill competitions as well as learning the importance of team play.

UTEP Advance Volleyball Camp

Date: July 23-27

Location: Youth Sports Plex

Ages: 13-18 yrs.

Time: 0900-1130

Cost: \$35.00



Sessions will consist of basic fundamentals, as well as individual skills and techniques. There will be sessions to work on team offense and defense. Tournament play as well with lots of fun drills!

Chris Johnson Skilled Up

Basketball Camp

Date: June 11-15

Location: Youth Sports Plex

Times: 0900-1130/1300-1530

Ages: 7-12 yrs./13-18 yrs.

Cost: \$35.00



Camp is committed to teaching fundamentals, developing individual skills and enhancing camper's basketball knowledge in a fun and exciting environment. The daily schedule includes station work, three on three challenge, strategy sessions and scrimmages. Youth will also drill and compete within their age group in various skill competitions

Soccer Camp 1 & 2

Date: June 11-15/July 23-27

Location: Youth Sports Plex

Ages: 5-18 yrs.

Time: 1830-2030

Cost: \$35.00



Youth are grouped by age and skill level. Each individual will learn the basic motor skills necessary to play and experience a positive fun building camp. All skills will be developmentally age appropriate activities. Individual instructions will be taught in areas of technique and tactical development, to include but not limited to drills to improve touch, ball control, drills passing-receiving, drills footwork, ball mastery, coordination training, finishing drills, challenge shooting drills, receiving and turning dribbling, shooting team drills.

Youth Fitness 8 Week Camp

Date: June 11-Aug 3

Location: Youth Sports Plex

Time: 0930-1130

Ages: 10-18 yrs.

Cost: \$75.00 (Backpack included once camp is completed)



Camp will teach youth the correct techniques of weight lifting forms needed to improve physically. Will also provide proper speed and agility techniques and exercises to improve overall health and wellness

Fundamentals Sports & Fitness Camp

Date: July 30-August 3

Location: Youth Sports Plex

Time: 0900-1100

Ages: 6-10 yrs.

Cost: \$25.00



Fundamental sports camp will focus on competent skills and sports specific complex movements in all sports movements, most importantly with a firm grasp to enjoy lifelong physical activities. They will also learn to improve their fine motor skills and basic fundamentals.