**ADMISTRATIVE & OPERATIONAL PROCEDURES FOR CONDUCTING**

**FORT BLISS – IRON SOLDIER SPRINT TRIATHLON**

**14 SEPTEMBER 2019**

1. **REFERENCES:** a. AR 215-1, Non-appropriated Fund Instrumentalities and, Morale, Welfare and Recreation Activities, 24 September 2010.

2. **WHAT:** Fort Bliss Sports, Fitness & Aquatics – Iron Soldier Sprint Triathlon.

3. **WHEN:** 14 September 2019 at 0730.

4. **WHERE:** Fort Bliss, Aquatics Training Center, BLDG 20733.

5. **ELIGIBLITY:** Open to Active Duty, Family Members, DOD/DA Civilians, Retirees, and the El Paso Community.

Kids 16-17 yrs. must have a waiver signed by a parent.

Kids 10-15 yrs. can participate with a parent at event site/signed waiver by parent.

Kids 9 yrs. and younger can participate with a participating parent.

6. **CATEGORIES: Individual Men’s and Women’s Age Category**- Awards presented to top three finishers in each age division.

**Men’s and Women’s Overall Category**.

**Category**- Awards presented to top three finishers in each age division.

**Relay Team Category**- Awards presented to top three teams.

**Awards for Youngest and Oldest Competitor**.

7. **DIVISIONS:** MEN and WOMEN AGE CATEGORIES

19- under years of age

20-24 years of age

25-29 years of age

30-34 years of age

35-39 years of age

40-44 years of age

45-49 years of age

50-54 years of age

55-59 years of age

60 + years of age

8. **REGISTRATION:** Pre-register at Stout PFC, Soto PFC, Milam PFC, Aquatics Training Center through 8 September 2019. Raceroster.com through 11 September 2019.

$15 Active Duty/ Retirees (per team member)

$50 for all others.

$70 for all other teams. (Teams of 2-3)

No registration on 12 September 2019.

Late Registration Onsite from 1100-1300 & 1630-1830 Friday, 13 September 2019 and 0600- 0700 Saturday, 14 September 2019 at Aquatics Training Center, BLDG # 20733.

$25 for Active Duty/ Retirees (per team member)

$60 for all others.

$80 for all other teams. (Teams or 2-3)

9. **NUMBERS:** Numbers will be required of all runners and bib pickup will be available at the Soto Physical Fitness Center the morning of the event. Bib Tags must be filled out to include: name, age, and unit. Bibs must be placed mid-chest and chip on shoe. Runners not following these guidelines will not receive an official time for the race and will not be eligible for awards.

10. **PACKET PICK UP:** Friday, 13 September: 1100-1300 & 1630-1830 at Aquatics Training

Center. Saturday, 14 September: 0600-0700 at Aquatics Training Center.

11. **SAFETY BRIEF:** 14 September 2019, 0715 at Aquatics Training Center, BLDG # 20733.

12. **START TIME:** 0730on 14 September 2019.

13**. AWARD CEREMONY:** 14 September 2019, approximately 1030

14**. MEDICAL SUPPORT**: Medical coverage will be provided.

15. **EVENT DIRECTOR:** Teia Mack, 744-5785/Stacey Hernandez, 744-2444.

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Teia Mack

Varsity and Intramural Sports Coordinator

Fort Bliss, Texas