**ADMINISTRATIVE & OPERATIONAL PROCEDURES FOR CONDUCTING**

**FORT BLISS – IRON SOLDIER SPRINT TRIATHLON**

**24 SEPTEMBER 2022**

1. **REFERENCES:** a. AR 215-1, Non-appropriated Fund Instrumentalities and, Morale, Welfare and Recreation Activities, 24 September 2010.

2. **WHAT:** Fort Bliss Sports, Fitness & Aquatics – Iron Soldier Sprint Triathlon.

400M Swim//15 Mile Bike//5K Run

3. **WHEN:** 24 September 2022 // 0730.

4. **WHERE:** Fort Bliss, Aquatics Training Center, BLDG 20733 REPLICA POOL.

5. **ELIGIBLITY:** Open to Active Duty, Family Members, DOD/DA Civilians, Retirees, and the El Paso Community.

**Bibs will be required of all runners and bib pickup will be available at the Soto Physical Fitness Center the morning of the event. Bib Tags must be filled out to include: name, age, and gender. Bibs must be placed mid-chest and chip on shoe. Runners not following these guidelines will not receive an official time for the race and will not be eligible for awards.**

6. **CATEGORIES: Individual Men’s and Women’s Age Category**- Awards presented to top three finishers in each age division.

**Men’s and Women’s Overall Category**.

**Category**- Awards presented to top three finishers in each age division.

**Relay Team Category**- Awards presented to top three teams.

**Awards for Youngest and Oldest Competitor**.

7. **DIVISIONS:** MEN and WOMEN AGE CATEGORIES

19- under years of age

20-24 years of age

25-29 years of age

30-34 years of age

35-39 years of age

40-44 years of age

45-49 years of age

50-54 years of age

55-59 years of age

60-64 years of age

65-69 years of age

70 + years of age

8. **REGISTRATION: Pre-register**-at Stout, Soto, Milam Physical Fitness Center or Aquatics Training Center through 17 September 2022

$20 Active Duty individual / per team member

$20 Retirees individual / per team member

$55 for all others.

$75 for all other teams. (Teams of 2-3)

Children participating in run must pay for registration

Active Duty team member rate is for an all Active Duty Team. If mixed with civilians the Teams of 2-3 rate applies.

Retiree team member rate is for an all Retiree Team. If mixed with civilians the Teams of 2-3 rate applies.

**Late Registration (May not include T-shirt)**-Onsite from 1630-1830 Friday, 23 September 2022 and 0600- 0700 Saturday, 24 September 2022 at Aquatics Training Center, BLDG # 20733.

$20 Active Duty individual / per team member

$20 Retirees individual / per team member

$55 for all others.

$75 for all other teams. (Teams of 2-3)

Children participating in run must pay for registration

Active Duty team member rate is for an all Active Duty Team. If mixed with civilians the Teams of 2-3 rate applies.

Retiree team member rate is for an all Retiree Team. If mixed with civilians the Teams of 2-3 rate applies.

**Kids 16-17 yrs. must have a waiver signed by a parent.**

**Kids 15 yrs. and younger can participate with a participating parent.**

**9. CERTIFIED SWIM TIME: All athletes need to submit their certified swim time by 1:00pm on 16 Sep 2022 (no exceptions).**

**Local athletes can be timed at the Aquatics Training Center, 20733 Constitution Ave., during regular business hours. (915)741-5901and at Replica Pool**

**Out of town athletes can email their swim time to:**

[**teia.r.mack.naf@mail.mil**](mailto:teia.r.mack.naf@mail.mil)

10. **PACKET PICK UP:** Onsite: Registration/ Packet pick-up:

1630-1830 Friday, 23 September 2022 at Aquatics Training Center, BLDG # 20733.

0600- 0700 Saturday, 24 September 2020 at Aquatics Training Center, BLDG # 20733.

**Packet pickup closes at 0700 for ALL RUNNERS, pre-registered runners and that registered day of. If packet is not picked up by 0700** bib and chip will not be issued. Runners can participate in event but will not be eligible for awards and time will not be recorded.

11. **SAFETY BRIEF:** 24 September 2022, 0715 at Aquatics Training Center, BLDG # 20733.

12. **START TIME:** 0730on 24 September 2022.

13. **PROTESTS:** Protests regarding participant eligibility will be addressed immediately on site with supporting documentation to the Event Director.

14**. AWARD CEREMONY:** 24 September 2022, approximately 1030

15**. T-SHIRT SALES:** While supplies last, sales will take place from 09:45-10:45. Sizes are not guaranteed.

16**. MEDICAL SUPPORT**: Medical coverage will be provided.

17. **EVENT DIRECTOR:** Teia Mack, 744-5785

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Teia Mack

Intramural Sports Coordinator

Fort Bliss, Texas