

FORT BLISS, TX

WARRIOR ADVENTURE QUEST

Activities Include:

- **High Ropes Course**
(Soldier Activity Center 25PAX)
- **Kayaking**
(Ascarate Park 14 PAX)
- **Mountain Bike**
(Chuck Heinrich 8 PAX)
- **Rock Climbing**
(Franklin Mountains State Park 10 PAX)
- **Disc Golf**
(Nations Tobin Park 16 PAX)
- **Laser Tag**
(Biggs Park or Soldier Activity Center 30 PAX)
- **Hiking**
(Franklin Mountains State Park 14 PAX)
- **Knockerball**
(Soto Physical Fitness Center 30 PAX)

**Activity duration will vary depending on which activity is chosen. All activities will be held Monday thru Friday during regular duty hours. Activities are focused on platoon and squad size elements.*

Office: (915) 744-1532



bliss.armymwr.com

Warrior Adventure Quest (WAQ) is a Department of the Army approved and endorsed program. The objective of WAQ is to enhance greater Soldier/leader/unit cohesion, morale and combat readiness. While contributing to risk mitigation and coping skill development. Done through the integration of a high adventure activity in a supervised and controlled environment by Outdoor Recreation staff.

WAQ is an Army training tool to support commanders in focusing on units and Soldiers:

- **Reinforces unit intra-communication skills-Influences reduction of accidents and behavioral incidents.**
- **Introduces outdoor adventure activities as a tool to enhance personal and unit resiliency.**
- **Enhances esprit de corps and cohesion.**
- **Applies validated behavioral health science methodology to process traumatic event.**
- **Provides an opportunity to invest in people.**

Each activity will be followed by a Leader-Led After Action Debrief (L-LAAD). This is designed to draw similarities between the high adventure activity and Army experiences. This portion will be conducted by the group leader.

Warrior Adventure Quest is offered at NO COST to the units.

Funding has been provided by the Department of the Army. All Active-Duty and Soldiers on Title 10 orders are eligible to participate.

Group Leader Responsibilities:

Attend the WAQ brief, conducted at the Soldier Activity Center every **Thursday at 1200. Coordinate with Outdoor Recreation Staff to schedule your activity. Conduct an L-LADD following the activity and ensure all participants complete the mandatory post-survey.**



Activity List →