



## FORT BLISS Massage Therapist



**Name:** Amparo Armendariz Perez

**Title:** Licensed Massage Therapist

### **Modalities & Core Education:**

500 hour Texas required core training 2012  
400 hour advanced studies 2013, Trigger Point  
Therapy, Swedish, Deep Tissue, Myofascial  
Release, Prenatal

### **About:**

I was born in Las Vegas, New Mexico, spent some time growing up in Kansas and finally settled here in the great state of Texas. I chose to be a Massage Therapist because of a personal experience, and the results of touch therapy that I never thought possible. I had never received massage therapy and I was very apprehensive about the idea. However, when I witnessed how I regained my sense of self and understanding, as a whole person, I felt that perhaps there were other people that also felt disconnected from themselves for various reasons. I truly believe that we have the power within ourselves to choose an overall sense of being. After assisting a physician in a clinical setting, I gained more knowledge and understanding of how to further assist the needs of others in such a way. So, with joy I welcome you to your therapeutic massage and wellness experience. Where I will listen to your specific needs and custom make your session to reach your personal health goals.

**Wellness Philosophy:** It is a blessing and honor to serve my community through massage therapy, thank you.

### **Massage License Info:**

Texas #MT117643

### **Phone:**

(915) 274-9889

### **Email:**

[aaperez@myabmp.com](mailto:aaperez@myabmp.com)

### **Schedule an appointment:**

[MassageAtSotoGYM.FullSlate.com](http://MassageAtSotoGYM.FullSlate.com)