

Suicide Prevention

You are not alone.

For family members and friends:

Supporting a loved one through a crisis can feel overwhelming, but there are people who can help. If the Soldier in your life is showing signs of crisis - such as talking about feeling hopeless; experiencing sleeplessness, anxiety, or agitation; or increasing risky behaviors or substance use, contact the Fort Bliss MP Desk: 915-744-1237/9128 , Dispatch (Police/Fire): 915-744-2115 or unit staff duty

For Soldiers & Family Members:

If you're thinking of hurting yourself, looking for ways to kill yourself, or becoming self-destructive, don't walk alone. Contact 911, the El Paso Crisis Line or the Chaplain Line for assistance.

Fort Bliss Suicide Prevention Program Manager
21000 Minue Drive, 2nd Fl, RM 2204
Fort Bliss, Texas 79916
Phone: 915-744-2535

24/7 Support Available:

24/7 Chaplain Line: 915-637-4265

El Paso Crisis Line: 915-779-1800

National Suicide Prevention Lifeline: 1-800-273-TALK (8225)

Veterans Crisis Hotline: 1-800-273-8255 (Press 1)

Military One Source: 1-800-342-9647

Text Crisis Line: Text "Connect" to 741741

The CRISIS TEXT LINE is a free, 24/7 text line for people in crisis. A live, trained crisis counselor receives the text and responds quickly. The crisis counselor helps you move from a hot moment to a cool calm moment, to stay safe and healthy using effective active listening and suggested referrals – all through text messaging using Crisis Text Line’s secure platform.

El Paso Vet Center: (915) 772-0013

1155 Westmoreland, Suite 121, El Paso, Texas

(Provides services for Active Duty Service Members) Vet Centers provide a broad range of counseling, outreach, and referral services to combat Veterans and their families. Services for a Veteran may include individual and group counseling in areas such as Post-Traumatic Stress Disorder, alcohol and drug assessment and suicide prevention referrals. All services are free of cost and are strictly confidential.

Be There Peer Support Call and Outreach Center:

Chat: <https://www.BeTherePeerSupport.org>

Text: 480-360-6188

Call : 844-357-PEER (7337)

The outreach center offers confidential peer support to active duty service members, National Guardsmen, reservists and family members through 24/7 chat, phone and text. It is staffed by veterans service members and family members of veterans "who have been there" and provides support for everyday problem-solving of career and general life challenges.

The Trevor Project: Call: 866-488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer and questioning young people under 25.

- Chat online: thetrevorproject.org
- Text: START to 678678

Local Support Available:

Services available during the duty day (Monday - Friday, 7:30 a.m. - 4:30 p.m.) include:

ACS/Military Family Life Consultants: 915-569-4227

William Beaumont Appointment Line: 915-742-CARE (2273)

Embedded Behavioral Health Clinics:

1BCT and DIVARTY: (915) 742-9326
Building 21227 Torch Road

2BCT: (915) 742-1782
Building 21000 Minue Road

3BCT: (915) 744-1499
Building 20415 Gulf Victory Road

1AD CAB, 1AD SB, HHBN: (915) 742-1022
Mendoza Multi-D Behavioral Health Clinic
Building 113355 Sims Boulevard

WBAMC Emergency Room: (915) 742-8205

Texas Suicide Prevention

[Texas Suicide Prevention](#) provides free resources, educational information, phone apps and training.

- Visit: texassuicideprevention.org

American Foundation for Suicide Prevention

AFSP has local chapters throughout the state that can deliver education programs to schools, workplaces and communities.

- Visit: afsp.org/our-work/education/

National Alliance on Mental Illness

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Local NAMI chapters can deliver education programs to communities.

- Visit: nami.org