SOTO PFC OPERATIONAL HOURS

Options: Cardio or Weight Room

MASKS REQUIRED

PATRONS MUST BE 18 OR OLDER

**Weight room (Max capacity 100)*
**Cardio room (Max capacity 170)*

Monday – Friday:

0500 – 0730 (ACTIVE DUTY ONLY)

0830 – 1000 (RETIREES & FAMILY MEMBERS)

1130 – 1300 (ACTIVE DUTY ONLY)

1400 – 1530 (ACTIVE DUTY & FAMILY MEMBERS)

1630 – 1800 (ACTIVE DUTY ONLY)

1900 – 2030 (ACTIVE DUTY ONLY)

Saturday – Sunday:

0800 – 0930 (ACTIVE DUTY ONLY)

1030 – 1200 (RETIREES & FAMILY MEMBERS)

1300 – 1430 (ACTIVE DUTY & FAMILY MEMBERS)

1530 – 1700 (ACTIVE DUTY ONLY)

1800 – 1930 (ACTIVE DUTY & FAMILY MEMBERS)

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