

Community Information Exchange

April 2026

Community Information Exchange

<p><u>Purpose:</u></p> <p>To inform Command Family Readiness Representatives (CFRRs), Soldier & Family Readiness Groups (SFRGs), community leaders, and residents about upcoming events for Fort Bliss and El Paso (next 90 days).</p>	<p><u>Attendees:</u></p> <ul style="list-style-type: none"> • Chair: Garrison CDR • OPR: USAG DFMWR • BN/CO CFRRs/SFRGs • WBAMC: CDR/Deputy • Installation Agencies • USAG Directorates & Support Offices • School Liaisons • City Representatives • County Representatives 	<p><u>Agenda:</u></p> <ol style="list-style-type: none"> 1. Opening Comments: Garrison CDR 2. Calendar Review: Garrison CDR 3. DFMWR Updates: MWR Rep 4. WBAMC Update: CDR or CMD Rep 5. Directorate of Public Works 6. Directorate of Emergency Services 7. BOSS 8. Two-Minute Drill <ul style="list-style-type: none"> <input type="checkbox"/> Other Garrison / Installation Agencies <input type="checkbox"/> City Update <input type="checkbox"/> County Update 9. Question & Answers (30 Minutes) 10. Closing Comments: Garrison CDR
<p><u>Timing & Details:</u></p> <p>Frequency: Monthly, except DEC & JUL</p> <p>Time: 1 hour, 1200-1300, 3rd Wed</p> <p>Location: Centennial Conf Center</p> <p>Medium: Facebook & In-Person</p>	<p><u>Inputs:</u></p> <ul style="list-style-type: none"> • CG Decisions • Bliss Synch Events Working Group • Fort Bliss Ceremonies & Protocol Events • Local Events & Community Relations 	
<p><u>Primary POC:</u></p> <p>USAG: Ms. Alexis Escobar-Paz (DFMWR)</p>	<p><u>Outputs:</u></p> <ul style="list-style-type: none"> • Information for unit SFRGs • Community Awareness & Advertising 	

Opening Comments

Outstanding Fort Bliss Soldier, Civilian & Spouse

Upcoming Events



April 24, 11am – 1pm @ Centennial
Register by April 17th



Payment accepted today at
Centennial

Recognize Fort Bliss's outstanding
volunteers!



June 27, 4pm @ Biggs Park
FREE – open to all ages
Enjoy 8 days of fun as we begin America's
250th Birthday celebrations here at Fort
Bliss & end it in Downtown El Paso!

Unit & ALR Funds

- Unit Funds are intended to contribute to the comfort, pleasure, contentment, mental and physical welfare of the unit Soldiers and must be used for the benefit of all members within the Unit.

Unit Funds

- **\$2.50** per soldier, each fiscal year.
- Unit Funds must be used for the collective benefit all unit members for welfare of unit members
- All unit members must have the opportunity to participate and/or benefit.
- Unused dividends do not rollover into the new fiscal year.
- Available for:
 - All active-duty units
 - Army National Guard, or Reserve Component (RC) units which are geographically located within a 12-mile radius of Fort Bliss or mobilized here

ALR Funds

- MWR dividends supporting deployed units without MWR access
- \$2.00 per Soldier per month based on month-end troop strength (\$24 per soldier, each fiscal year)
- Funds used for collective, off-duty recreational benefit
- Eligibility: Army units deployed OCONUS/remote CONUS, NG/Reserve missions
- Funds usable up to one year after redeployment
- Quarterly reporting required (due Jan 10, Apr 10, Jul 10, Oct 10)
- Receive **ALR or Unit Funds**

Fort Bliss MWR will provide a matching contribution of approved Unit Fund requests when the unit's event is hosted exclusively within MWR-operated facilities or authorized MWR locations.

Example of matching contribution: If catering at an MWR facility costs \$3,000.

- \$1,500 is paid from the unit's Unit Fund allocation
- \$1,500 is supplemented by DFMWR



Fort Bliss Personal Property Processing Office

✓ Household Goods (HHG) Entitlements:

✓ 0730 – 1615 Monday - Friday

1. Contact Transportation Office as soon as orders are received.
2. PCS: Only authorized weight allowance
3. Unaccompanied Baggage is part of HHG weight allowance
4. 90-day temporary storage in transit in conjunction with such shipment
5. Professional Books, Papers, and Equipment (PBP&E)
6. Weight allowances can be administratively restricted at a PDS OCONUS based on factors at location

✓ Excess Charges:

1. Attempted pickup or delivery charges
2. Gov may pay total transportation cost of weight allowed, overage is paid by soldier

✓ Passenger Travel

✓ 0730 – 1600 Monday – Friday ✓ 915-568-7541 / 915-744-8166

1. Online appointments (Appointments are 20-minutes). Only one customer/family per appointment slot. Late arrivals (10+ minutes) will be marked as no-shows and asked to reschedule

<https://fbpassengertravel.setmore.com>

1. 2.Walk-ins welcome Monday - Thurs: 1000-1200
2. PCS, ETS Travel Assistance or
3. Phone Consults (for inquiries and AMC port calls reservations only)
4. MFGI, CRC, Active-duty units with
5. TCS / DeMob travel / CBA DTS

✓ CWT SATO

1. Contracted support, confirmation must be done through our Transportation Officer before ticket request is sent to CWT SATO



Fort Bliss Personal Property Processing Office cont.

- ✓ All service members must self counsel and perform the following once they receive their orders to facilitate their household goods pick up:
 1. Go to <https://www.militaryonesource.mil>
 2. Click on log into DPS, DOD Security Banner – Accept
 3. Customer - EITHER Register as a Customer or Log in with Certificate
 4. Make your transportation arrangements
 5. Print out and sign the DD forms generated by DPS
 6. After completing self counseling:
 - ✓ Bring a copy of your PCS orders with any amendments,
 - ✓ - DD 1299, and DD 1797 to the Transportation Office. Telephone number is
 - ✓ (915) 568-3102 or (915) 568-5951 or (915) 568-3668.
- ✓ You must schedule your pack dates within 7-10 business days after your self counsel.
- ✓ Spouses will require a power of attorney (POA) to submit paperwork and question status of any and all shipment(s). NO EXCEPTIONS!

✓ POV Storage process done online not through FBTX

www.pcsmypov.com/storage

www.pcsmypov.com/locations

www.pcsmypov.com



SEEKING BOXERS

(Experience Preferred)



ONLINE REGISTRATION

Registration is required and can be done at the Soto PFC Sports Office.

POC: Samantha Stukes
samantha.a.stukes.naf@army.mil
915-744-5785



GARCIA'S HOUSE OF BOXING
garciahouseofboxing.us

30 DAYS

[APR 18: Purple Up for MCCASA](#)

[APR 18-19: Holloman Air Force Base 2026 Legacy of Liberty Air Show](#)

[APR 24: Fort Bliss Annual Volunteer Ceremony](#)

[APR 24: EPSO: Carmina](#)

[APR 25: BTS Rave Party](#)

[APR 25: Wine Tour](#)

[APR 25: Postwide Yard Sale](#)

[APR 25: 2nd Annual Taste of El Paso Festival](#)

[MAY 1: Clue – Live on Stage!](#)

[MAY 1-3: El Paso Comic Con](#)

[MAY 1: May-Hem](#)

[MAY 1: Rock Climbing Indoor Clinic](#)

[MAY 1: Hiking Challenge](#)

[MAY 1: Biking Challenge](#)

[MAY 5: High Five Student Recognition](#)

[MAY 6: Bike Rides](#)

[MAY 6: Local's Night](#)

[MAY 9: Moms At The Market](#)

[MAY 9: TacoTrot 5k Run](#)

[MAY 9: Dads Day in the Park](#)

[MAY 10: Mothers Day Bowling Specials](#)

[MAY 13: Desert Bloomers at La Nube](#)

[MAY 13: Post Malone Stadium Tour](#)

[MAY 15: Commander's Cup 10-Miler Qualifier](#)

ONGOING

[Los Besties Social Art Club](#)

[100 Mile Swim Club](#)

[Parent & Child Swim Lessons](#)

[After School Hangout at the Library](#)

[Commander's Cup Soccer League](#)

[Home School Board Game Days at the Library](#)

[AER Campaign](#)

STAY
in the know
Connect with MWR!

Keeping up with Army MWR is easy.

Sign up for our **email newsletter** to stay in the know about MWR programs and events!

U.S. ARMY MWR

- Fort Bliss Events
- El Paso Events



Linktree*/blissMWR

60 DAYS

- MAY 16: Trap Shoot
- MAY 16: Armed Forces Day Parade
- MAY 16: Biking & Burritos
- MAY 20: The Rock Orchestra by Candlelight
- MAY 23: Pink Floyd Laser Spectacular
- MAY 27: El Paso Locomotive FC vs. Av Alta FC
- MAY 27: Creative Outlets – Acting Sessions
- MAY 30: Kayak the Rio
- JUNE 5: Climbing Clinic
- JUNE 6: Youth Sports Hustle & Muscle
- JUNE 6: Sports Summer Boot Camp
- JUNE 20: Rifle Battleship
- JUNE 27: Pop Goes the Fort



- Fort Bliss Events
- El Paso Events

ONGOING

- [Los Besties Social Art Club](#)
- [100 Mile Swim Club](#)
- [Parent & Child Swim Lessons](#)
- [After School Hangout at the Library](#)
- [Commander's Cup Soccer League](#)
- [Home School Board Game Days at the Library](#)
- AER Campaign



Linktree*/blissMWR

BOSS Programming



April

RECURRING EVENTS

- 28 Mental First Aid (MHFA) Training
- 2/1 Green PLT Brief (Brigade Rep Lead Weekly)
- Barracks QOL Meeting
- DFAC QOL Meeting
- Newcomer's Brief (Weekly)
- Tour De Bliss (Weekly Wed & Fri)
- **Iron Zero Friday & Saturday (2200-0400)**

OTHER EVENTS

- 17 & 18 Purple Up Run Vol
- 18 Bloom & Boom Weapons Class
- 18-19 UESC Support VOL
- 22 Mock Board
- 24 ASYMCA Healthy Kids BOSP
- 26 Horseback Riding Class
- 23 & 25 Honor Flight Vol



May

RECURRING EVENTS

- 3 Rescue Runners
- 5 BOSS Monthly Meeting
- 9 El Paso Community Clean up * **NEW DAY** *
- 12 Theater Thunder
- 26 Mental First Aid (MHFA) Training
- 2/1 Green PLT Brief (Brigade Rep Lead Weekly)
- Barracks QOL Meeting
- DFAC QOL Meeting
- Newcomer's Brief (Weekly)
- Tour De Bliss (Weekly Wed & Fri)
- **Iron Zero Friday & Saturday (2200-0400)**

OTHER EVENTS

- 2 El Paso Comic Con
- 9 CWST Life Skill Class
- 16 Armed Forces Day Parade
- 17 Airsoft Competition
- 22-24 Camping @ Elephant Butte, NM
- 31 Bada** Race Vol



June

RECURRING EVENTS

- 2 BOSS Monthly Meeting
- 7 Rescue Runners
- 9 Theater Thunder
- 13 El Paso Community Clean up * **NEW DAY** *
- 30 Mental First Aid (MHFA) Training
- 2/1 Green PLT Brief (Brigade Rep Lead Weekly)
- Barracks QOL Meeting
- DFAC QOL Meeting
- Newcomer's Brief (Weekly)
- Tour De Bliss (Weekly Wed & Fri)
- **Iron Zero Friday & Saturday (2200-0400)**

OTHER EVENTS

- 13 Adult Swim Class
- 20 Pirate Pool Party
- 27 Pop Goes the Fort Vol

Call to Action

Nominate your Soldiers to become part of the BOSS Executive Council.

BOSS President

- Leads installation BOSS program
- Chairs meetings; maintains continuity book
- Oversees events & subcommittees
- Advocates QoL issues to leadership
- Ensures balanced programming (well-being, community service, recreation, life skills)

BOSS Vice President

- Supports President; assumes duties when absent
- Participates in planning & committees
- Helps identify & report QoL issues
- Provides leadership across subcommittees

BOSS Admin

- Records minutes; maintains documents
- Tracks events, volunteer hours, paperwork
- Manages finances & prepares reports
- Chairs finance subcommittee

Applications are due April 17th

Ways to submit application

Hard Copy PDF Submitted to SPC Chilcoat

Emailed PDF Submitted to SPC Chilcoat

BRIAN.R.CHILCOAT.MIL@ARMY.MIL

Interviews will be held at the Soldier Activity Center 24 APR 1430-1600





Free, safe, confidential rides for DOD card holders who shouldn't drive due to alcohol use or impairment

Goal: Prevent DUI/DWI incidents and protect the safety, readiness, and wellbeing of the Fort Bliss community

When it operates:

Friday & Saturday (2200-0400)

Why it matters:

- Avoid losing on-base driving privileges for one year
- Protect your career, your safety, and others
- Supports overall Soldier readiness

Run by: Fort Bliss BOSS

Request a ride: (915) 443-6573



Directorate of Emergency Services FBPD Crime Stats (CompStat Data)

DUI Update

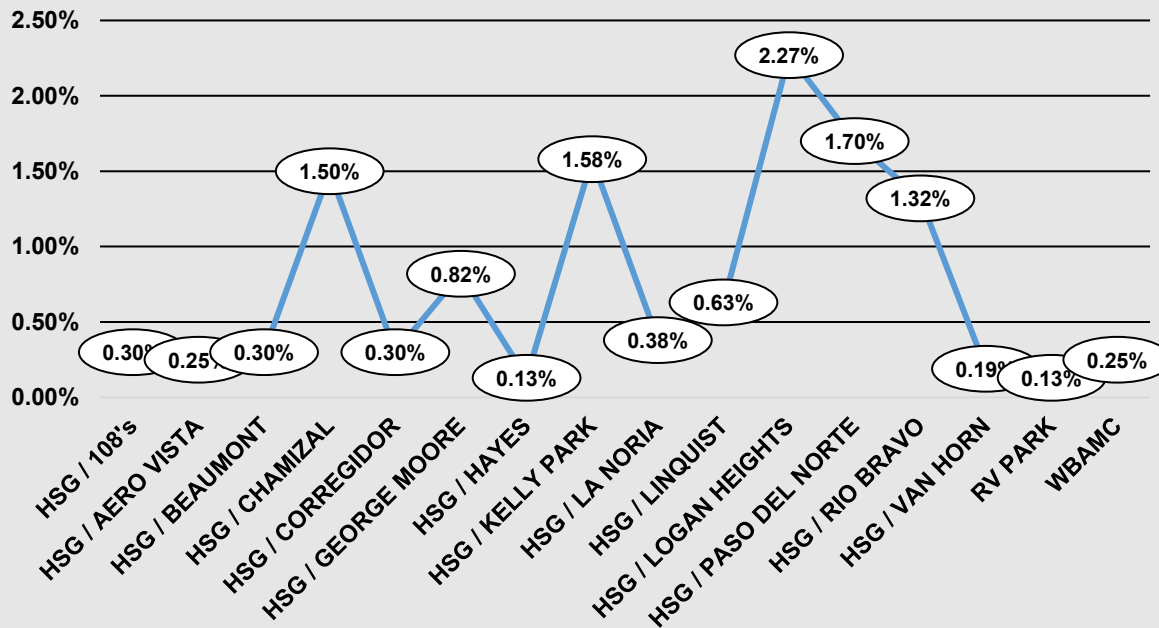
- 85% of DUI/DWI arrests have been MALE
- Average Age 26 (28% under 22)
- 12% Arrests attributed to Traffic Stops/ Accidents
- 75% Caught at ACPs
- 68% of Arrests occurred between 00:01-03:59
- 32% of Arrests occurred between 04:00-24:00

Mar 2026 Crime Snapshot

126 TOTAL OFFENSES: (projective analysis shows decrease of 8% since reportable period)

- Assaults / Domestic Violence **21/17** offenses
- DUIs **20** offenses
- Larceny **8** offenses
- Weapon related **37** offenses

FT. Bliss Housing Areas



	FT. Bliss Housing Areas
HSG / 108's	0.30%
HSG / AERO VISTA	0.25%
HSG / BEAUMONT	0.30%
HSG / CHAMIZAL	1.50%
HSG / CORREGIDOR	0.30%
HSG / GEORGE MOORE	0.82%
HSG / HAYES	0.13%
HSG / KELLY PARK	1.58%
HSG / LA NORIA	0.38%
HSG / LINQUIST	0.63%
HSG / LOGAN HEIGHTS	2.27%
HSG / PASO DEL NORTE	1.70%
HSG / RIO BRAVO	1.32%
HSG / VAN HORN	0.19%
RV PARK	0.13%
WBAMC	0.25%

DES POC



Fort Bliss Family Homes



POSTWIDE YARD SALE

Residents of Fort Bliss housing may simply display items during the designated time no formal permission is required.



**SATURDAY
APRIL 25
8AM - 2PM**

Info: 915-564-0795

- Our goal is to receive your surveys back so we can plan for our future.
- TSS is still live until May 1st
- Please look at your email an email will be sent on your primary contact list; you will be able to fill out your survey from that link-or scan the QR code below.
- Enter to win prizes winners selected by CEL and a grand prize of \$750 will be chosen at the close of the survey.



2026 Army Housing Survey

How to Clear Housing

Visit your community center and pick-up a 30-Day Notice Packet.


Please submit a 30-day notice and schedule your pre inspection and final inspection.

Copy of Orders required prior to Final Inspection/move out date.

- Appointments are Monday – Friday
- Appointments last no longer than 30 minutes.

Fill out 30 Day Notice Packet




30 Day Notice of Intent to Vacate

You are hereby given notice that I (we) will be vacating my home, which is a 1-2-3-4-5 bedroom home located at _____ (Street Address) on _____ (Date). My reason for terminating my lease is: _____

The date given above is a **DEFINITE VACATING DATE**, and you are hereby authorized to re-lease the premises to a prospective resident.

I (we) understand that if the premises is not vacated as described above, the applicable provisions of the Lease will apply and I (we) may be responsible for additional rent as well as any loss or damages suffered by you or by a new resident, deprived of possession.

YES NO I (we) grant authorizations to share my contact information with the provided housing partners at my next duty station for housing purposes.

I (we) understand that the giving of this notice does not relieve me (us) of any liability that I (we) may have under (our) Lease agreement.

*First Name: _____
*Last Name: _____
*Social Security Number: _____
*Rank: _____
*Number of Dependents/Dependents: _____
*Branch of Service: _____
*Contact Phone #: _____
*Email Address: _____
*Date of Vacate: _____
*PCS Destination/Name of Gaining Installation: _____
Arrival Date: _____
*Forwarding Address: _____

Resident Signature: _____
Date: _____

Office Use:
Resident Tenant ID: _____
Previous Rent Due: \$ _____ M Date: _____
Lease Break Fee: \$ _____ Date: _____

Acknowledgment of Receipt by Management: _____ Date: _____

Final Inspector: _____ Term: _____

30 Day Notice of Intent to Vacate



TURN IN 30 DAY NOTICE PACKET

We process and answer any questions you may have.

We will schedule your Pre Inspection and Final Inspection with times and dates.

- Don't wait to submit
- Time slots fill up fast
- We ask for your flexibility

We will also go over the Move out Guide details with you. Such as:

- What to Expect
- Cleaning
- Damages & Missing items

We will answer any questions you might have regarding any work orders and on your home.



*Professionally managed by
Balfour Beatty Communities*





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www.pcsmypov.com/storage

www.pcsmypov.com/locations

www.pcsmypov.com



Two-Minute Drill per Speaker

DECA

MOAA

Fort Bliss Commissary

CIE Information

- **Farmers Market:** Fort Bliss Commissary held its very first Farmers Market on the 28-29 of March. This was a test run to gauge customer interest and solicit feedback for any improvements going forward.
- **Pro Camps:** Each year P&G host a Mass display contest for Commissaries all over the world. Fort Bliss has prominently displayed our P&G items in aisle 1 near the entrance of the store. The Store with the most sales will win an onsite visit from a NFL football player.
- **Commissary bag charges:** Effective April 6 the Commissary will begin charging 0.5 cents for single use plastic bags and 0.10 cents for paper bags. Customers are encouraged to bring their own bags, or purchase reusable bags at the Commissary to avoid bag charges.
- **RFI Request:** The potential privatization of 178 commissaries is no longer being negotiated. Private Retailers did not decline to purchase the commissaries and fulfill the 23.7% savings for military patrons.
- **Home Grocery Delivery Stats:** Home Deliveries currently account for 14.6% of all Click2Go orders. Delivery orders are increasing daily; projections indicate Delivery Services are on path to exceed 18% by the end of the second quarter.
- **Steamed and Fresh Seafood:** The Fort Bliss Commissary is currently offering fresh steamed seafood on demand in the Seafood Dept.!
- **Home Delivery Grocery Service:** Grocery Delivery Services at the Fort Bliss Commissary are now available for patrons! For more information, check out the Commissary Click2Go app, and place your order TODAY! Start shopping now by downloading the app from the App store (Apple) or Google Play Store.

El Paso Chapter Military Officers Association of America (MOAA)



El Paso, Texas
CHAPTER
MOAA
Military Officers Association of America

El Paso MOAA Provides:

- Two opportunities for college financial assistance in partnership with MOAA National:
 - The 1st Armored Division- El Paso Chapter Scholarship
 - The Colonel Joseph C Rodriguez, Medal of Honor, Memorial Scholarship
- The Velton Locklear, Jr. Memorial Scholarship through the El Paso Community Foundation
- Timely email alerts on local and national matters of interest to include updates on key legislation, health affairs, etc.
- Support to Ft Bliss community and El Paso area non-profits and, schools
 - Recognition of outstanding El Paso area high school JROTC cadets and UTEP senior cadets
 - Welcome of newly commissioned UTEP ROTC cadets into the Profession of Arms via our shoulder board/"butter bar" program
 - Sponsorship of local Armed Services YMCA, Ft Bliss SKIES, Soldier Art Workshops and other events/activities
- Quarterly member lunches featuring speakers' presentations on relevant issues
- Our quarterly, award-winning publication, The Border Bulletin

El Paso MOAA exists to:

- Promote the purposes of MOAA National to:
 - Inculcate and stimulate love of our country and the flag
 - Defend the honor, integrity and supremacy of the national government and Constitution of the United States
 - Further the education of military dependents
- Facilitate camaraderie among chapter members
- Support the legislative agendas of National MOAA and other El Paso area VSOs that provide services to and protect the interests of the veteran's community
- Aid members and members' interests in every possible way allowed by the chapter by-laws



**El Paso MOA
Needs You and You Need
El Paso MOAA**

Sign up at:
[El Paso Chapter MOAA \(elpasomoaa.org\)](http://ElPasoChapterMOAA(elpasomoaa.org))

Questions & Answers

CIE Winners

CO-ED YOUTH SPORTS

SPRING SOCCER

REGISTRATION: JANUARY
 AGES: 3-15 YEARS OLD
 SEASON: FEBRUARY - MARCH
 \$55/FIRST CHILD • \$47/EACH ADDTL

SPRING FLAG FOOTBALL

REGISTRATION: JANUARY
 AGES: 5-18 YEARS OLD
 SEASON: FEBRUARY - MARCH
 \$55/FIRST CHILD • \$47/EACH ADDTL

SPRING VOLLEYBALL

REGISTRATION: FEBRUARY
 AGES: 8-16 YEARS OLD
 SEASON: MARCH - APRIL
 \$55/FIRST CHILD • \$47/EACH ADDTL

SPRING TENNIS

REGISTRATION: FEBRUARY
 AGES: 5 YEARS & UP
 SEASON: MARCH - APRIL
 FORT BLISS TENNIS CLUB • 262 CLUB RD.
 \$75/FIRST CHILD • \$64/EACH ADDTL

SPRING TEE-BALL/ BASEBALL/SOFTBALL

REGISTRATION: MARCH
 AGES: 3-15 YEARS OLD
 SEASON: APRIL - MAY
 \$55/FIRST CHILD • \$47/EACH ADDTL

USA TRACK & FIELD

REGISTRATION: MARCH
 AGES: 5-18 YEARS OLD
 SEASON: APRIL - JULY
 \$100/FIRST CHILD • \$85/EACH ADDTL

PRACTICE/GAMES ARE HELD AT VARIOUS LOCATIONS AND WILL BE ANNOUNCED AT TIME OF CONTACT FROM VOLUNTEER COACH DAYS/TIMES WILL BE 1X-2X a week Monday-Friday after 1700 or Saturday games after 0900, [Exception: USA Track and Field x4]. ALL Practices/Games are subject to change due to Federal Holidays

CYS registration and sports physical MUST be current at time of registration. Registration is required, in person only, Mon-Fri, 11am - 5pm. Closed on weekends and federal holidays. Parents are required to take a Sportsmanship class. Scan the QR code provided and watch the video prior to the first week of practice.

Info: 915-568-2617 • Follow us on Facebook @Bliss CYS



Parents or Guardians Sportsmanship Class



CYS ART EXHIBIT

April 1-30 • 8:30am-3:30pm
 Fort Bliss Museum • 1735 Marshall Rd.

Special Opening: April 9 from 5-7pm

This exhibit will highlight art from CYS Centers Children ages 3-18. Info: 915-568-5544.





\$4
Popcorn and
Small Slushie
Combo

2949 Carter Road
(915) 568-6272



MONTH OF THE MILITARY CHILD

Every weekend during the month of April, military dependents 17 and under may bowl a free game!

In support of the Month of the Military Child, Desert Strike Lanes would like to show their appreciation to the Military Families!

Offer valid every weekend in April: April 4-5, 11-12, 18-19 & 25-26.

A valid Military ID is required. Shoe rental not included. Info: 915-568-6272



TEN MILER QUALIFIER





bliss.armymwr.com





May 15 • 6:30AM
Soto PFC • Free
Info: 915-744-5793

This is a competitive event open to Active-Duty Military, Reserves, National Guard Soldiers in an Active-Duty status. Walkers, strollers and pets are prohibited. Course closes at 8:30AM. Registration is required and can be done at Soto PFC Monday - Friday 7AM-7PM.

Late Registration and Packet Pick up will be at Soto PFC:
(NO SAME-DAY REGISTRATION)

- May 13-14 • 4:30-6:30PM



Linktree fortblissaf



Fort Bliss MWR Aquatics



PARENT & CHILD SWIM LESSONS

Saturday mornings for 8 consecutive weeks at the Aquatics Training Center • \$60 (8 sessions)

Session Times: 9:15-9:45am • 10-10:30am • 10:45-11:15am • 11:30am-12pm
 (The 4th session (11:30am-12pm) will occur if the other 3 sessions fill up)

Open to Active-Duty Family Members, DOD/DA Civilians; children ages 6 months to 3 years, and their parents. Registration is required and can be done at the Aquatics Training Center. Info: 915-741-5901




FIRST AID CPR & AED TRAINING

Earn your American Red Cross Lifeguard, CPR/First Aid/AED certification!

Train at the Aquatics Training Center. Registration is required. No prerequisites necessary. Open to the public. INFO: 915-741-5901

2026 DATES 8AM-2PM

MAR 14	APR 18	MAY 23	JUN 19
JUL 11	SEP 12	OCT 10	NOV 14




LEARN TO SWIM!

Open to DoD ID Cardholders ages 3-18 • \$60

Pick Your Session:

- Monday/Wednesday or Tuesday/Thursday (4 weeks, 8 sessions) • Replica or ATC
- Saturdays (8 weeks) Replica Only

Info: 915-568-7431 or 915-741-5901

Registration is required in person at the facility you prefer (Replica or ATC). Registration opens at the end of each session and closes on the first day of the following month.





Reoccurring BOSS Events

2/1 AD Green Platoon Brief | BOSS

Purpose: Give Soldiers who are in-processing at Fort Bliss the opportunity to see the resources and activities available on base.

Proponent: Fort Bliss BOSS Program

Who: BOSS (Better Opportunities for Single Soldiers)Geo Batchelor’s, Reserves. Closed to the Public population

What: Quality of Life

When: Every Thursday, Time; 1400-1500

Where: 20500 Cold War St, Fort Bliss, TX, 79918

Additional Information: BOSS Soldiers. Transportation Available

Scope of support: BOSS Program, BOSS Reps, and Garrison Agencies.

Uniform: Military Uniform, OCP or Unit PT Uniform

POC: Fort Bliss BOSS President; SPC Chilcoat

ORDER / FRAGO #	O: N/A
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Legal Review DTG	N/A
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Estimated Cost	FREE
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Mission Command (MC)	
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Key Message(s):

Occurrences

1,8,15,22,29 Oct	2,9,16,23,30 Apr
6,13,20,27 Nov	7,14,21,28 May
4,11,18,25 Dec	4,11,18,25 Jun
1,8,15,21,29 Jan	2,9,16,23,30 Jul
5,12,19,26 Feb	6,13,20,27 Aug
5,12,19,26 Mar	3,10,17,24 Sep

VIPs / Attendees

Guest Speakers, Sponsors, FMWR Programs can attend to brief new programming

Media

Linktree, Social Media Posts on Ft Bliss BOSS sites

Recommended Engagers

N/A

Desired Effect

Consistent information dissemination

El Paso Community Clean up | BOSS

Purpose: Fort Bliss BOSS partnered with Visit El Paso to clean up downtown El Paso. BOSS Soldiers split into four groups with a representative from Visit El Paso in each group and picked up trash and debris from the sidewalks and benches. Soldiers shared stories, laughs, and insight into their day-to-day with each other. This is a great opportunity for Fort Bliss BOSS to reinforce our strong relationship with the El Paso community.

Proponent: Fort Bliss BOSS Program

Who: BOSS (Better Opportunities for Single Soldiers)Geo Batchelor's, Reserves. Closed to the Public population

What: Volunteer Opportunity

When: Second Saturday of Each Month, Time; 1000-1200

Where: 1 Civic Center Plaza, El Paso, TX, 79901

Additional Information: BOSS Soldiers. Transportation Available

Scope of support: BOSS Program, BOSS Reps, MC, and Garrison Agencies.

Uniform: Blue BOSS Shirt and comfortable Closed Toed Shoes, Military Uniform, OCP or Unit PT Uniform

POC: Fort Bliss BOSS President; SPC Chilcoat

ORDER / FRAGO #	O: N/A
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Legal Review DTG	N/A
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Estimated Cost	\$ FREE
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Mission Command (MC)	
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Key Message(s): Litter Collection: Picking up trash and recyclables from streets, parks and public spaces in Downtown El Paso.

Occurrences

10 Oct	12 Apr
14 Nov	09 May
12 Dec	13 Jun
09 Jan	11 Jul
13 Feb	08 Aug
13 Mar	12 Sep

VIPs / Attendees

N/A

Media

Linktree, Social Media Posts on Ft Bliss BOSS sites

Recommended Engagers

N/A

Desired Effect

Strengthen bond between El Paso Community and beautify El Paso.

Mental First Aid Training| BOSS

Purpose: Fort Bliss BOSS partnered with Emergence Health Network to become certified Mental Health First Aiders. BOSS Soldiers learned the importance of mental health in our lives and how to appropriately respond to someone facing a mental health struggle. BOSS Soldiers learned they are not there to diagnose mental health struggles but to help other Soldiers get the help they need.

Proponent: Fort Bliss BOSS Program

Who: BOSS (Better Opportunities for Single Soldiers)Geo Batchelor's, Reserves.

What: Volunteer Opportunity

When: See Occurrences for dates, Time; 0900-1300

Where: Emergence Health Network, 10737 Gateway Blvd, El Paso, TX, 79935

Additional Information: BOSS Soldiers.

Registration [MVPN: Mental Health First Aid \(MHFA\) for Fort Bliss SMVF Tickets, Multiple Dates | Eventbrite](#)

Scope of support: BOSS Program, BOSS Reps, MC, and Garrison Agencies.

Uniform: Business casual, Military Uniform, OCP or Unit PT Uniform

POC: Fort Bliss BOSS President; SPC Chilcoat

ORDER / FRAGO #

O: **N/A**

Legal Review DTG

N/A

Estimated Cost

\$ FREE | Food and Drink

Mission Command (MC)

Key Message(s):

Occurrences

27 Oct	29 Apr
25 Nov	26 May
15 Dec	30 Jun
27 Jan	28 Jul
24 Feb	25 Aug
31 Mar	29 Sep

VIPs / Attendees

N/A

Media

Linktree, Social Media Posts on Ft Bliss BOSS sites

Recommended Engagers

BOSS Reps

Desired Effect

Provide Service members the tools to help support their fellow Service Members

Monthly BOSS Representative Meeting

Purpose: To disseminate BOSS information to BDE,BN,CP/TRP BOSS Reps to plan, coordinate, and improve Quality of life initiatives for the single service member. Information Disseminated in this meeting is to be briefed to their respective leadership and Soldiers in their formations.

Proponent: Fort Bliss BOSS Program

Who: BOSS (Better Opportunities for Single Soldiers)Brigade, Battalion, Company, Troop, and Squadron of all Military Branches Residing on Fort Bliss. Closed to the Public

What: Quality of Life

When: See Occurrences for dates, Time; 1300-1400

Where: 20732 Constitution Ave, Fort Bliss, TX 79918.

Additional Information: BOSS Representative will be responsible for BOSS Program inspectable which will be discussed during monthly meetings. Each Bridge will be assigned a date in which these items will be inspected.

Scope of support: BOSS Program, BOSS Reps, MC, and Garrison Agencies.

Uniform: Military Uniform, OCP or Unit PT Uniform

POC: Fort Bliss BOSS President; SPC Chilcoat

ORDER / FRAGO #	O: OPORD
Legal Review DTG	N/A
Estimated Cost	TBD
Mission Command (MC)	

Key Message(s): BOSS Representative meetings are critical to ensure smooth dissemination of BOSS Program initiatives. It is mandatory that each BDE, BN Primary Representative attends. If they a

Occurrences

06 Oct	07 Apr
03 Nov	05 May
01 Dec	02 Jun
13 Jan	07 Jul
03 Feb	04 Aug
10 Mar	01 Sep

VIPs / Attendees

Guest Speakers, Sponsors, FMWR Programs can attend to brief new programming

Media

Linktree, Social Media Posts on Ft Bliss BOSS sites

Recommended Engagers

N/A

Desired Effect

Consistent information dissemination

Newcomer's Brief | BOSS

Purpose: Give Soldiers who are in-processing at Fort Bliss the opportunity to see the resources and activities available on base.

Proponent: Fort Bliss BOSS Program

Who: BOSS (Better Opportunities for Single Soldiers)Geo Batchelor's, Reserves. Closed to the Public population

What: Quality of Life

When: Every Thursday, Time; 1520-1530

Where: 11199 Sergeant E Churchill St.

Additional Information: BOSS Soldiers. Transportation Available

Scope of support: BOSS Program, BOSS Reps, MC, and Garrison Agencies.

Uniform: Military Uniform, OCP or Unit PT Uniform

POC: Fort Bliss BOSS President; SPC Chilcoat

ORDER / FRAGO #	O: N/A
Legal Review DTG	N/A
Estimated Cost	FREE
Mission Command (MC)	

Key Message(s):

Occurrences	
1,8,15,22,29 Oct	2,9,16,23,30 Apr
6,13,20,27 Nov	7,14,21,28 May
4,11,18,25 Dec	4,11,18,25 Jun
1,8,15,21,29 Jan	2,9,16,23,30 Jul
5,12,19,26 Feb	6,13,20,27 Aug
5,12,19,26 Mar	3,10,17,24 Sep
VIPs / Attendees	
Guest Speakers, Sponsors, FMWR Programs can attend to brief new programming	
Media	
Linktree, Social Media Posts on Ft Bliss BOSS sites	
Recommended Engagers	
N/A	
Desired Effect	
Consistent information dissemination	

Rescue Runners | BOSS

Purpose: Fort Bliss BOSS Soldiers volunteered with City of El Paso Animal Services to help walk shelter dogs. This volunteer opportunity gives the dogs much-needed love and exercise and gives BOSS Soldiers a unique volunteer experience working with animals. Volunteer opportunities like dog-walking support the community shelters, allow Soldiers to spend time with dogs, and further strengthens the relationship between Fort Bliss and the city of El Paso.

Proponent: Fort Bliss BOSS Program

Who: BOSS (Better Opportunities for Single Soldiers)Geo Batchelor’s, Reserves. Closed to the Public population

What: Volunteer Opportunity

When: 1st Sunday of the month, Time; 0800-1000 (NOV-MAR 0900-1030 Winter Hours*)

Where: 5001 Fred Wilson Ave. Fort Biss, TX 79904 and 9068 Socorro Rd. El Paso, TX 79907

Additional Information: BOSS Soldiers. Transportation Available

Scope of support: BOSS Program, BOSS Reps, MC, and Garrison Agencies.

Uniform: Tasteful Civilian Attire, Pants and closed toed shoes

POC: Fort Bliss BOSS President; SPC Chilcoat

ORDER / FRAGO #	O: N/A
Legal Review DTG	N/A
Estimated Cost	\$ FREE
Mission Command (MC)	

Key Message(s): Dog Walking & Socialization- Exercising dogs, helping them get used to people, and improving behavior for adoption.

Occurrences	
07 Oct	05 Apr
02 Nov	03 May
07 Dec	07 Jun
04 Jan	05 Jul
08 Feb	02 Aug
01 Mar	06 Sep
VIPs / Attendees	
BOSS Soldiers	
Media	
Linktree, Social Media Posts on Ft Bliss BOSS sites	
Recommended Engagers	
N/A	
Desired Effect	
Get Shelter animals our and adapted for adoption	

Theater Thunder | BOSS

Purpose: Fort Bliss BOSS rolled out in their comfiest clothes for FREE Movie tickets at Freedom Crossing. This was a night of entertainment, laughs, and relaxation — a perfect way to unwind from work and connect with other BOSS Soldiers. Fort Bliss BOSS partners with AAFES to provide free movie tickets to our BOSS Soldiers, the only thing Soldiers pay for is their own snacks and drinks. This event helps the MGM Grand receive more business on their slowest day of the week and helps Soldiers unwind from work.

Proponent: Fort Bliss BOSS Program

Who: BOSS (Better Opportunities for Single Soldiers)Geo Batchelor’s, Reserves. Closed to the Public population

What: Recreation & Leisure

When: See Occurrences for dates, Time; 1900-2300

Where: 1619 Pleasonton Rd, Fort Bliss, TX 79906

Additional Information: BOSS Soldiers. Transportation Available

Scope of support: BOSS Program, BOSS Reps, MC, and Garrison Agencies.

Uniform: Tasteful Civilian Attire

POC: Fort Bliss BOSS President; SPC Chilcoat

ORDER / FRAGO #

O: **N/A**

Legal Review DTG

N/A

Estimated Cost

\$ FREE | Food and Drink available for purchase.

Mission Command (MC)

Key Message(s):

Occurrences	
13 Oct	14 Apr
11 Nov	12 May
16 Dec	09 Jun
13 Jan	14 Jul
10 Feb	11 Aug
10 Mar	08 Sep
VIPs / Attendees	
BOSS Soldiers	
Media	
Linktree, Social Media Posts on Ft Bliss BOSS sites	
Recommended Engagers	
N/A	
Desired Effect	

Fort Bliss DFMWR Mission: BOSS at the Boardwalk

Purpose: To support the Morale (QOL) for single, unaccompanied, and single parent Soldiers while encouraging and assisting them in identifying, planning, organizing, and conducting leisure and recreational activities of their preference. This Event would be a place of Duty for all single unaccompanied, and single parent Soldiers.

Proponent: U.S Army Garrison Fort Bliss.

Who: BOSS (Better Opportunities for Single Soldiers) Closed to the Public

What: On 25 SEP 26, Fort Bliss BOSS Program will conduct the 2026 BOSS Bash at Biggs Park on East Fort Bliss to recognize the single and unaccompanied Soldiers for their dedication and contribution to the Army's mission.

When: 25 SEP 26; 1300-1600

Where: 11388 Sergeant Major Blvd, El Paso, TX 79918. Biggs Park

Additional Information: Coney Island Themed BOSS Bash

Price: Free for BOSS Soldiers

Scope of support: BOSS Program, BOSS Reps, MC, and Garrison Agencies.

Uniform: Black Tie, Formal Wear

POC: Fort Bliss BOSS President; SPC Chilcoat



ORDER / FRAGO #	O: TBD
Legal Review DTG	N/A
Estimated Cost	TBD
Mission Command (MC)	

Key Message(s): The BOSS Bash will promote morale and comradery for the installation. This event provides key garrison agencies access to Single Service Members to promote their information. This event can be used for recruiting as well as a showcase from products intended for Service Members. This event will be both a physical fitness event and a fun event filled with competitions and prizes!

VIPs / Attendees
Fort Bliss senior leaders, EP community leaders, Garrison Agencies, Qualified BOSS Service Members, Units

Media
GPAO; DFMWR Local and social media

Recommended Engagers
CG or Representative

Desired Effect
Create an event with full support of Division Leadership to ensure all BOSS Service Member available can attend.

A photograph of two construction workers in safety gear (hard hats and high-visibility vests) reviewing blueprints in front of a brick building under construction. The building has white railings and a ramp. A sign for 'Tyvek' is visible on the building. The text 'BOSS Programs' is overlaid in large, bold, black letters.

BOSS Programs

Tour De Bliss | BOSS

Purpose: Give Soldiers who are in-processing at Fort Bliss the opportunity to see the resources and activities available on base.

Proponent: Fort Bliss BOSS Program

Who: BOSS (Better Opportunities for Single Soldiers)Geo Batchelor's, Reserves. Closed to the Public population

What: Quality of Life Event

When: See Occurrences for dates, Time; 0900-1300

Where: 909 Cassidy Rd, Fort Bliss, TX 79916

Additional Information: BOSS Soldiers. Transportation Available

Scope of support: BOSS Program, BOSS Reps, MC, and Garrison Agencies.

Uniform: Tasteful Civilian Attire

POC: Fort Bliss BOSS President; SPC Chilcoat

ORDER / FRAGO #

O: N/A

Legal Review DTG

N/A

Estimated Cost

\$ FREE | Food and Drink available for purchase @ the Monti

Mission Command (MC)

Key Message(s):

Occurrences

2,7,9,14,16,21,23,28,30 Oct	1,3,8,10,15,17,22,24,29 Apr
5,7,12,14,19,21,26,28 Nov	6,8,13,15,20,22,27,29 May
3,5,10,12,17,19,24,26 Dec	3,5,10,12,17,19,24,26 Jun
31,2,7,9,14,16,21,23,28,30 Jan	1,3,8,10,15,17,22,24,29,31 Jul
4,6,11,13,18,20,15,27 Feb	5,7,12,14,19,21,26,28 Aug
4,6,11,13,18,20,25,27 Mar	2,4,9,11,16,18,23,25,30 Sep

VIPs / Attendees

In-Processing Soldiers

Media

Linktree, Social Media Posts on Ft Bliss BOSS sites

Recommended Engagers Facilities along stops

Desired Effect

Consistent information dissemination

Departure Location	Estimated Departure Time	Average Travel Time	Estimated Arrival Time	Arrival Location	Average Time Spent at Location	Topics of Discussions
Reception Barracks 909 Cassidy Rd, Fort Bliss, TX 79916	NLT 1430	7 Minutes	1437	Desert Strike Lanes 2949 Carter Rd	11 Minutes	<ul style="list-style-type: none"> Brief overview of Tour & BOSS USO (West) AER, ACS Motorcycle Class Rod & Gun Club Underwood Golf Complex CIF Building Cassidy Gas & Shoppette Commissary West Bliss 24hr Gates, Pass Office Freedom Crossing: American Society, Vitola's, Grand Movie Theater, Denny's, Buffalo Wild Wings, Texas Roadhouse, Chipotle, Special Operations Recruiting Office, Starbucks, Clothing & Sales 11th ADA Barracks Bridge to East Bliss, MSG Pena Gate (24hr) Biggs Park CAB/Flight Line Mendoza Clinic, Chambers Dental Clinic Iron Soldier Shoppette (24hr) Division HQ Constitution Gate (24hr) WBAMC 1st Brigade USO (East) BOSS QR Code Pass Around Fort Bliss E-Sports & Amenities at MWZ Torch Barracks 2nd Brigade, 3rd Brigade Questions & Comments
Desert Strike Lanes 2949 Carter Rd	1450	9 Minutes	1459	Art & Hobby / Auto Shop 820 Marshall Rd	2 Minutes- Slow Drive By	
Art & Hobby / Auto Shop 820 Marshall Rd	1500	1 Minute	1501	Freedom Crossing 1617 Haan Rd	3-5 Minutes	
Freedom Crossing 1617 Haan Rd	1505	18 Minutes	1520	SAC, ATC, Soto PFC 20732 Constitution Ave	30 Minutes	
SAC, ATC, Soto PFC 20732 Constitution Ave	NLT 1545	14 Minutes	1600	Monti Warrior Zone 21171 Medic Ave	35-40 Minutes	
Monti Warrior Zone 21171 Medic Ave	NLT 1635	25 Minutes	1700	Reception Barracks	Tour Completed	

IRON Zero Program | BOSS

Purpose: The purpose of the Iron Zero SADD program is to safely transport Soldiers to their residence when they have consumed alcohol. The Soldiers who utilize this program should not have any fear of repercussion while using the program. The primary focus of this program is to save the lives of those using it and others on the road, thereby improving the overall readiness of the Army. The purpose is NOT to act in a supervisory capacity over the Soldiers who utilize the program or to impose punitive measures against them.

Proponent: Fort Bliss BOSS Program

Who: BOSS (Better Opportunities for Single Soldiers)Geo Batchelor's, Reserves. Closed to the Public population

What: Recreation & Leisure

When: Friday & Saturdays, Time 2200-0400

Where: Satellite

Additional Information: BOSS Soldiers.

Scope of support: BOSS Program, BOSS Reps, MC, and Garrison Agencies.

Uniform: Military Uniform, OCP or Unit PT Uniform

POC: Fort Bliss BOSS President; SPC Chilcoat



VIPs / Attendees

N/A

Media

Linktree, Social Media Posts on Ft Bliss BOSS sites

Recommended Engagers

N/A

Desired Effect

Consistent information dissemination

ORDER / FRAGO #

O: N/A

Legal Review DTG

N/A

Estimated Cost

TBD

Mission Command (MC)

Key Message(s):

William Beaumont Army Medical Center

Patient Information

- **Celebrate Patient Experience Week with us from April 27th to May 1st, 2026. To honor our healthcare teams, please leave your feedback on our 'Wall of Gratitude' (WBAMC), the ICE website (ice.disa.mil), or social media.**
- **Patient and Family Partnership Council will be May 21, 2026 at 10:00 a.m. in the WBAMC Executive Dining Room**
- **Sleep Study capabilities will be limited April 1-12, 2026. All urgent requirements will be processed via the network during this time.**
- **Chiropractic Services through WBAMC Pain Management Clinic are available for new patients. Please discuss with your PCM to get referral placed.**
- **There are several Red Cross Volunteer opportunities available at the hospital. Call 915-742-9433 or email bliss@redcross.org**
- **EFMP information briefs are held every 2nd & 4th Thursday of the month at 1:00 p.m. at the WBAMC West Clinic 3rd floor HR Conference Room (#W3414).**
- **Virtual Urgent Care appointments are available through the MHS Nurse Advice Line at 1-800-TRICARE for TRICARE Prime Patients.**
- **The Soldier Family Medical Center is closed for repairs. Please visit our website for the temporary locations for your primary care and ancillary care services. <https://william-beaumont.tricare.mil/Clinics/Soldier-Family-Medical-Center-West-Bliss>**

Ongoing

- TRICARE Active Duty to Retiree Briefing is every 3rd and 4th Tuesday of the month at 2:00 p.m., 5th Floor East Clinic, Referral Management
- There are several Red Cross Volunteer opportunities available at the hospital. Call 915-742-9433 or email bliss@redcross.org
- Children's Waiting Rooms (CWR) are by appointment only; Please call 915-742-9926/0975. Hours are Monday to Friday 8:00 a.m. to 12:00 p.m. at WBAMC and 1:00 p.m. to 4:30 p.m. at Mendoza.
- Your feedback is important; please take the time to fill out your JOES and TRISS surveys.
- Visit our website for current information: <https://williambeaumont.tricare.mil>



**William Beaumont
Army Medical Center**



Patient and Family
Partnership Council (PFPC)

Coffee with the Commander

Join us 21 May 2026 @ 10:00 a.m.
in the
WBAMC Executive 20 Aug 2026 @ 10:30 a.m.
Dinning Room

Partner with us in positively shaping the patient experience.
Your voice counts, help improve the services offered
by your Military Health System.
You can help make a difference by joining our PFPC.

What is PFPC?

PFPC stands for Patient and Family Partnership Council, where beneficiaries can become volunteers on the council and partner with WBAMC to improve the care and experience for patients and their families.

What does the council do?

The goal is to shape the patient experience at WBAMC and within the Military Health System in a positive way, by sharing experiences that help improve the services offered. Ideas are welcome and your voice matters always.



Who Can Participate? Patients and Hospital Staff

**How Do I Join? Contact the Patient Experience Department
at (915) 742-2692/2508**



Your well-being is our top priority. Every patient — and every health care professional — has the right to request a chaperone during any physical exam, medical visit, or dental visit.

Need Help or Have Questions?

Contact your facility's Patient Advocate Office at: 915-742-2692
We're here to support you — every step of the way.

Scan for more information about the chaperone policy:



Vaccine Walk-In Capability

- **Mendoza FCC, SCC, and SFMC (Garrison)**
 - Walk in available Monday-Friday daily from 0800-1100 and 1300-1500
 - Closed 2nd and 4th Thursday of the month after noon due to training
 - *Mendoza Soldier Care Clinics (Garrison & SCC): Please call ahead to
– **915-742-0965** to ensure availability
 - *SFMC (Garrison) empaneled patients report to Mendoza SCC to receive immunizations
 - **East Bliss**
 - Walk in available Monday – Friday daily from 1300-1500
 - Closed 2nd and 4th Thursday of the month afternoon due to training
- **Mendoza Peds**
 - By appointment only
 - Flu vaccines available for children ages 6 months and up
 - Vaccines can also be given if at clinic for another appointment reason
- **Rio Bravo**
 - Walk in available daily from 0800-1100 and 1330-1430
 - Closed 2nd and 4th Thursday of the month afternoon due to training
 - **** Soldier Care Clinics (i.e. Mendoza Soldier, East Bliss, SFMC [garrison]) receive flu vaccine with unit during planned mass administration; if not able, walk in clinic available**

Self-Care OTC Medication List



*Max of 4 items per family every week

*Subject to availability of products with OTC labeling

*This service is for self-care ONLY. Use of this form as a prescription is not authorized.



Cold and Allergy Symptoms

Nasal congestion/Decongestants

- ❖ Pseudoephedrine (Sudafed®) 30 mg tablets (age: 6+)
- ❖ Pseudoephedrine/triprolidine (Actifed®) tablets (age: 12+)
- ❖ Saline 0.65% nasal spray
- ❖ Oxymetazoline (Afrin®) 0.05% nasal spray (age: 6+)

Sneezing/Running Nose/Itchy Eyes/Throat

Diphenhydramine (Benadryl®)

- ❖ 25 mg tablets (age: 12+)
- ❖ 12.5 mg/5 mL oral liquid (age: 6+)

Loratadine (Claritin®)

- ❖ 10 mg tablets (age: 6+)
- ❖ 1 mg/mL oral liquid (age: 2+)

Cetirizine (Zyrtec®)

- ❖ 10 mg tablets (age: 6+)
- ❖ 1 mg/mL oral liquid (age: 2+)

Fexofenadine (Allegra®)

- ❖ 180 mg tablets (age: 12+)

Fluticasone (Flonase®) nasal spray

- ❖ 50 mcg/spray (age: 4+)

Sore Throat

- ❖ Benzocaine/menthol lozenges (age: 5+)

Cough/Chest Congestion

- ❖ Guaifenesin (Robitussin®) 100 mg/5 mL oral liquid (age: 12+)
- ❖ Guaifenesin (Mucinex®) ER 600 mg tab (age: 12+)
- ❖ Guaifenesin/dextromethorphan (Robitussin DM®) 100 mg-10 mg/5 mL oral liquid (age: 12+)

Fever and Pain Reducers

Acetaminophen (Tylenol®)

- ❖ 325 mg tablets
- ❖ 80 mg chewable tablets (age: 2+)
- ❖ 160 mg/5 mL oral liquid (age: 2+)

Ibuprofen (Motrin®)

- ❖ 200 mg tablets
- ❖ 100 mg/5 mL oral liquid (age: 2+)

Topical Preparations

First aid antibiotic ointment

- ❖ Bacitracin ointment

Vaginal yeast infection (7-day therapy)

- ❖ Clotrimazole 1% vaginal cream (age: 12+)

Athlete's foot, jock itch, ringworm

- ❖ Clotrimazole (Lotrimin®) 1% cream (age: 2+)

Anti-Itch

- ❖ Hydrocortisone 1% cream (age: 2+)

Upset Stomach/Constipation

- ❖ Mylanta® oral liquid (age: 2+)
- ❖ Bismuth subsalicylate (Pepto Bismol®) 262 mg tablet (age: 12+)
- ❖ Docusate sodium (Colace®) 100 mg capsules (age: 12+)
- ❖ Simethicone 40 mg/0.6 mL oral liquid drops (age: 2+)
- ❖ Simethicone 80 mg chewable tablet (age: 12+)

Supplements

- ❖ Cholecalciferol (Vitamin D3) 25 mcg tablets

Updated: August 2025

Introducing the Defense Health Agency's New Virtually Integrated Patient Readiness and Remote Program (VIPRR)



Are you enrolled in TRICARE Prime®? If you are, then you can get **virtual urgent care appointments.**



VIPRR urgent healthcare services include:

- Sinus congestion and infections
- Cough
- Allergies
- Sore or hoarse throat
- Rashes
- Acne
- Muscle and joint pain
- Headaches

Who's eligible?

TRICARE Prime beneficiaries age 12 and older

When can I schedule an appointment?

Monday – Friday
5:30 a.m.-10:30 p.m. CT

Questions?

Please contact your local military hospital or clinic.

How do I schedule an appointment?

If you need to schedule a virtual urgent care appointment:

- ☎ Call the MHS Nurse Advice Line: 1-800-TRICARE
- 🌐 Visit the MHS Nurse Advice Line website: <https://mhsnurseadvice.com/home>



**This very important brief is
brought to you by WBAMC's
Health Benefits Advisors.**

◆
Location:
**5th Floor, East Clinic,
at WBAMC
Referral Management Dept.**

◆
TIME: 2 p.m. (1400)

◆
**The briefings will
be held on the
3rd and 4th Tuesday of
every month.**

**TRANSITIONING FROM
ACTIVE DUTY
TO RETIREE?**

**Please contact the
Health Benefits Advisors at
915-742-2828 to register.**

Class size is limited, registration required.

***Date subject to change in Nov/Dec due to holidays.**

**Our April Luncheon will be
April 16, 11:30-1:30 pm**



Bliss Found 

Celebrating a year of finding our Bliss

April 16, 2026 11:30 - 1:30

LOCATION:
DEADBEACH BREWERY
3200 DURAZNO AVE., EL PASO, TX

Join us for our last luncheon of the year as we celebrate the friendships, memories, and moments that made this year so special. Enjoy a special hands-on experience as you create and take home your own floral arrangement.

Tickets available until April 9  Price: \$30

Tickets non-refundable/Children under 1 welcome

**FBSA Spring Fundraiser will be a
Derby Day Soiree - May 2, 2026, 4-8pm
Underwood Golf Course (Open to Public)**



Derby Day Soirée

Experience the tradition of Derby Day with the Fort Bliss Spouses' Association—afternoon of southern charm and spirited festivities. Guests will enjoy live race viewing, derby themed activities, bourbon pull, silent auction, opportunities to win exciting prizes, and so much more - all in support of the FBSA Scholarship & Grants Programs

Open to Public

May 2, 2026
4pm-8pm
Underwood Golf Course

All Information & Tickets available online: www.thefbsa.org/events



*For the Roses.
For the Cause.*

Dress to Impress • Ages 21+ • Support a Cause

Main Store

➤ Spring Begins- Events

- **18 April Month of the Military Child** – Join us as we honor and celebrate our amazing military children.
- **25 April ODL Grand Opening**- Help us celebrate the grand opening of ODL alongside Earth Day and National Gardening Day activities. Fun for all ages!
- **02 May Pet Palooza- Pet Show**- Pet talent show & costume contest
- **08 May Military Spouse Appreciation Day**- Help us celebrate the amazing strength of our military spouses
- **16 May Armed Forces Day/Star Wars Celebration**- Celebrate our heroes with a galactic twist!

Freedom Crossing

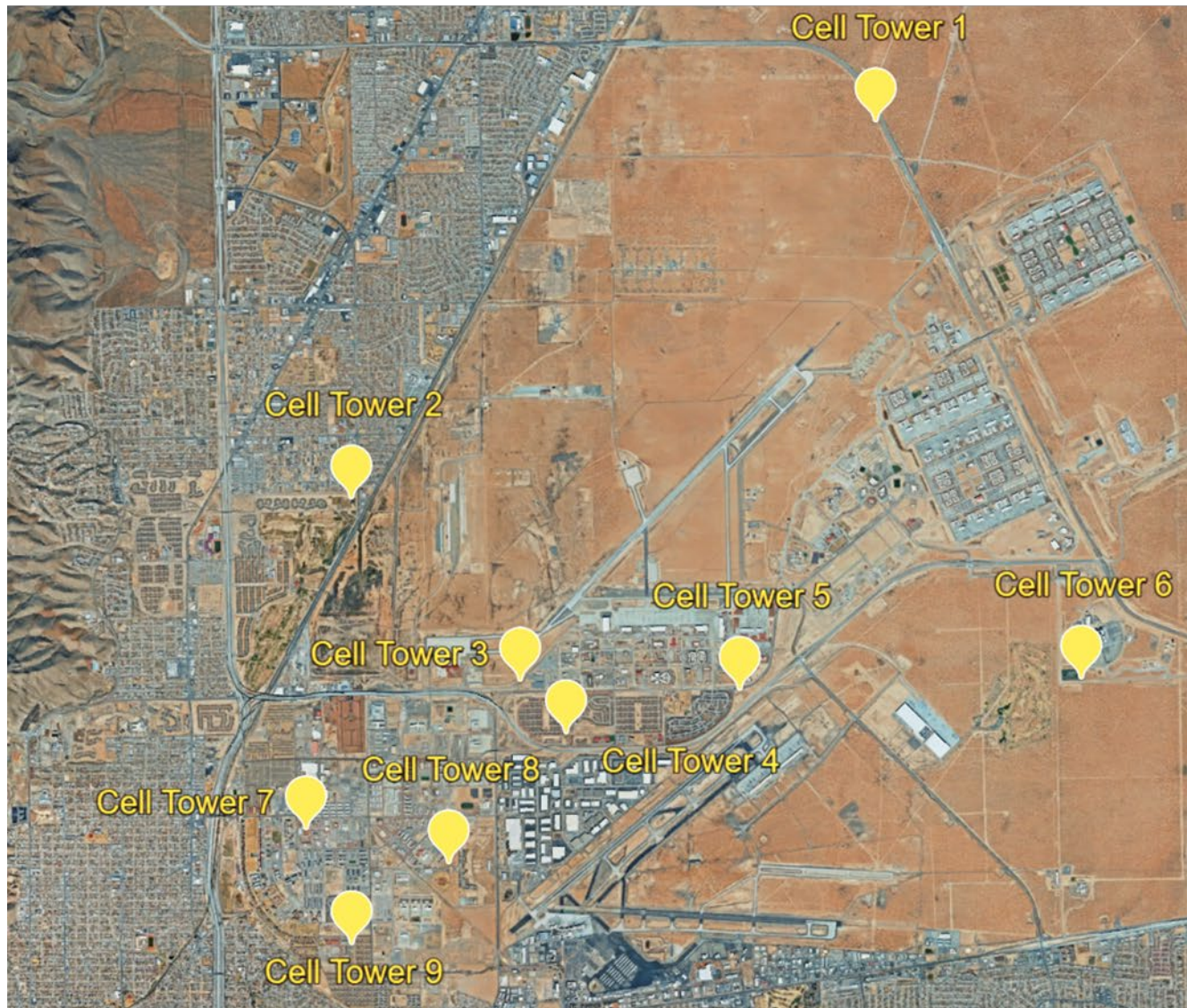
- **18 April Purple Up**- (In partnership with MWR) 1000-1400
- **02 May Truck Town**- (In partnership with MWR) 1200-1600

The Exchange

- **Firehouse Subs**
 - Will be replacing the Subway in the mini mall on the corner of Sergeant Major BLVD & Old Ironside Ave
 - Opening date Late Summer
 - Will deploy additional food trucks to Global Reach Express
- **Panda Express** – Grand Hall Food Court
 - Replacing Manchu Wok
 - Panda Express tentatively schedule to open May 2026
- **Round Table**
 - Replacing the Pizza Hut that was in the mini mall on the corner of Sergeant Major BLVD & Old Ironside Ave
 - Tentatively looking to open early May 2026
- **Cell Towers**
 - 9 towers have been constructed on Ft Bliss
 - All towers are now on air
 - See attached map for location and carriers
- **Tattoo Studio**
 - On track to open the 01 May 2026
 - Awarded to Revolt Tattoo out of Las Vegas

The Exchange

Ft Bliss Cell Tower Project



- All cell towers across Fort Bliss are now fully operational
- Verizon equipment is active on every tower
- AT&T is installed on Tower 8 (near the Bowling Alley)
- All carriers were offered the opportunity to place equipment on every tower
- If a carrier is not present on a tower, it is because they determined their existing coverage for Fort Bliss is sufficient

Did you know?

CAC Card Holder Expansion

The Exchange is excited to announce the expansion of shopping privileges to additional DoD civilians and Coast Guard at Exchange stores in the United States and the U.S. territories and possessions. For verification of eligibility at Exchange stores in the United States and the U.S. territories and possessions, associates will need to check that the affiliation on the customer's CAC card indicates "Civilian" and the agency/department is "DoD" or a branch of Military Service. These individuals will only have Exchange shopping privileges at the installations where they are employed. Foreign country access remains unchanged.

ARMED SERVICES YMCA Summary



JUNIOR ENLISTED FAMILY CENTER

Monday-Tuesday: CLOSED
 Wednesday: 12:00–6:00 PM
 Thursday: 10:00 AM–1:00 PM
 Friday: 10:00 AM–4:00 PM



JUNIOR ENLISTED FAMILY CENTER



VOLUNTEER OPPORTUNITIES



CHILDREN'S WAITING ROOM

Monday - Friday
 WBAMC 8:00 AM–12:00 PM
 Mendoza 1:00 PM–4:30 PM



CHILD DEVELOPMENT CENTER



CHILDREN'S WAITING ROOM



CHILD DEVELOPMENT CENTER

Monday-Friday
 5:30 AM-6:00PM



OPERATION HERO



OPERATION LITTLE LEARNERS



823262



915-263-7164



ELPASO.ASYMCA.ORG



7060 COMINGTON STREET

ARMED SERVICES YMCA Summary



CHILDREN'S WAITING ROOM

FREE HOURLY CHILD CARE

for military families with medical appointments



William Beaumont Army Medical Center

18511 Highlander Medics St.
East Clinic, 1st Floor
Room E1206
Fort Bliss, TX 79918
915-742-0975

Spc. Hugo V. Mendoza Soldier Family Care Center

11355 SSG Sims St.
Room A160
Fort Bliss, TX 79918
915-742-9926



Scan for current
operating hours
and more
information!

CALL NOW TO RESERVE YOUR CHILD'S SPOT!



ARMED SERVICES YMCA EL PASO CHILD DEVELOPMENT CENTER

Armed Services YMCA El Paso offers state-licensed, low-cost, high-quality child care at our Texas Rising 4 Star & NAEYC accredited Child Development Center

SCAN FOR MORE
INFORMATION



Monday - Friday 5:30AM - 6:00PM
Full day or half day | Before or after-school
Ages 6 weeks - 13 years old
Meals and snack provided



ARMED SERVICES YMCA EL PASO CHILD DEVELOPMENT CENTER

7061 COMINGTON ST., EL PASO, TX 79930

915-263-7164 EXT.101

Strengthening Our Military Family®

ARMED SERVICES YMCA Summary



Join Armed Services YMCA El Paso for The Great Clean Up - a hands-on volunteer event to refresh and beautify the grounds of our Child Development Center and Lodge. These spaces support military and civilian families every day, and your time helps keep them safe, welcoming, and family-friendly.

VOLUNTEER ACTIVITIES



Landscaping & Light Gardening



Outdoor Clean-Up & Debris Removal



Minor Maintenance & Organization



General Beautification Projects

(All skill levels welcome | Family friendly tasks available)

EVENT DETAILS

Location: ASYMCA CDC & Lodge 7060 Comington Rd. El Paso, TX 79930

Date: Saturday, April 11, 2026

Time: 9:00 AM

Who Can Volunteer: Individuals, Families, Military Units, Community Groups

READY TO HELP?

Scan the QR code
to sign up!



For more information please
contact EHicks@asymca.org
or 915-263-7164 ext. 104

ELPASO.ASYMCA.ORG

915-263-7164

ARMED SERVICES YMCA EL PASO
7061 COMINGTON ST. EL PASO, TX



175 YEAR ANNIVERSARY

ARMED SERVICES YMCA Summary



HEALTHY KIDS DAY[®]

Free To The Public!



APRIL 24

Armed Services YMCA
915-263-7164 ▶ elpaso.asymca.org

NATIONAL SPONSORS



PEANUTS



LOWER SUGAR

10/15/15/15/15

Registration: NOW OPEN!

Event:

April 24

4:00pm-6:00pm

7060 Comington St.

ARMED SERVICES YMCA Summary



2026

the **Y** MCA

ARMED SERVICES YMCA

CHARITY GOLF Tournament

105 Years of Standing With Those Who Serve

**SATURDAY
MAY 23, 2026**

8:00 AM Check-In
& Breakfast
9:00 AM Shotgun
Underwood Golf Complex
3200 Coe Ave. El Paso, TX 79904
FMI Contact:
Jerry Jacobitz 915-263-7164 ext. 105
or JJacobitz@asymca.org

REGISTER NOW

\$100 / \$300
Player Team

3-Person Scramble

INCLUDES:

- Range Balls + Cart
- Breakfast & Lunch
- Contests & Prizes

Proceeds go to supporting programs that strengthen military families at Fort Bliss through childcare, youth development, food assistance, and family support services.

Destination El Paso
Check out our events calendar!



LOOKING FOR
Things TO DO
IN *El Paso?*



Destination El Paso

Upcoming Events

APR UPCOMING EVENTS



3-5

SIX
PLAZA THEATRE

17

SESAME STREET LIVE
ELMO'S GOT THE MOVES
ABRAHAM CHAVEZ THEATRE

3

LOS PARRAS:
EL GRAN REGRESO TOUR 2026
ABRAHAM CHAVEZ THEATRE

17

PANCHO BARRAZA
PLAZA THEATRE

10

KILLERS OF KILL TONY
ABRAHAM CHAVEZ THEATRE

18

GRUPO BRYNDIS:
ROMÁNTICOS FOREVER TOUR 2026
ABRAHAM CHAVEZ THEATRE

10-11

SWAN LAKE BY
INTERNATIONAL BALLET STARS
PLAZA THEATRE

24

EPSO: CARMINA
PLAZA THEATRE

12

THE ODYSSEY
PHILANTHROPY THEATRE

24

J & K DETOUR FT. MOCHAKK
MCKELLIGON CANYON THEATRE

14

INTERPOL
ABRAHAM CHAVEZ THEATRE

25

PROVECHO AMIGOS
EL PASO CONVENTION CENTER

15

DALLAS COWBOYS
CHEERLEADERS LIVE!
ABRAHAM CHAVEZ THEATRE

25

ALI WONG LIVE
ABRAHAM CHAVEZ THEATRE

16

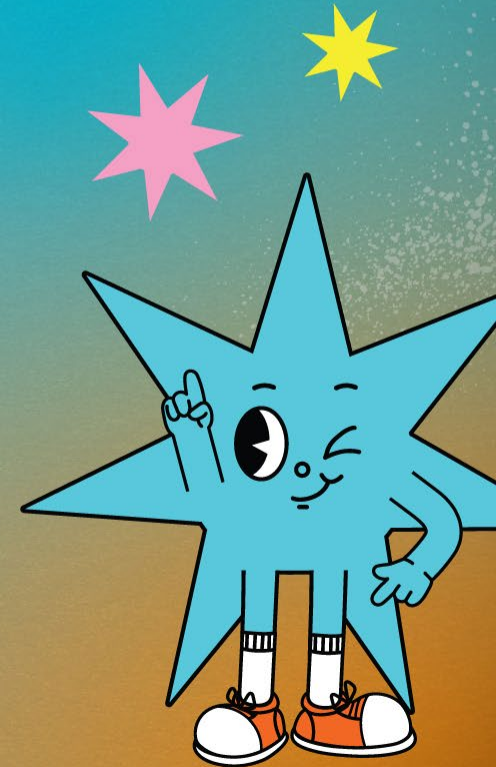
TRACY LAWRENCE:
NO ALIBIS
PLAZA THEATRE

28

RIVERDANCE 30:
THE NEW GENERATION
PLAZA THEATRE



SCAN TO SEE MORE
UPCOMING EVENTS!



Destination El Paso

Upcoming Event

LIVE SHOW & AUDITION

Dallas
Cowboys Cheerleaders
LIVE!



APRIL 15 • EL PASO, TX
Abraham Chavez Theatre



Destination El Paso

Upcoming Event



123
SESAME STREET
Live!
**Elmo's Got
THE MOVES**
FRI. APRIL 17, 2026
ABRAHAM CHAVEZ THEATRE
sesamestreetlive.com

LIVE NATION

TM/© 2025 SESAME WORKSHOP

ROUND ROOM

Destination El Paso

Upcoming Event

Tour
MUNDIAL DE HYPNOSIS
JOHN MILTON
FRIDAY, APRIL 24
ABRAHAM CHAVEZ
THEATRE
BOLETOS A LA VENTA:
ticketmaster

CHINO PROMOTIONS INC.

Destination El Paso
Upcoming Event

ALI WONG

LIVE

SAT. APR 25
ABRAHAM CHAVEZ THEATRE

LIVE NATION





JOIN US!!!

El Paso County County Administration Department



TORNILLO VETERANS MEMORIAL UNVEILING CEREMONY

APRIL 24, 2026 @ 2:30 PM.

COYOTE PARK
140 OT SMITH RD, TORNILLO, TX 79853



FABENS VETERANS MEMORIAL CELEBRATION

INTERESTED VENDORS
CAN REGISTER HERE

FRIDAY, APRIL 17, 2026

PFC FERNANDO GUTIERREZ ST.
(FORMERLY 602 4TH ST NE, FABENS, TX 79838)



VETERAN RESOURCE FAIR
11AM-3PM



FLAG RAISING CEREMONY

1PM Featuring: Fabens High School NJROTC and Band



MARIACHI PERFORMANCE

2PM Featuring: Fabens High School Mariachi State
Champions: Gatos Salvajes



RIBBON CUTTING CEREMONY

2:30PM





Here Comes Summer...



WE'RE HIRING!

The El Paso County Parks and Recreation Aquatics Division is officially kicking off the 2026 Aquatics Staff Hiring Season, and we're looking for motivated, safety-focused individuals to join our team this summer!

Open Roles:

- ✓ Lead Lifeguard
- ✓ Lifeguard
- ✓ Recreation Specialist

What You Need to Know:

- Apply via the El Paso County Employment Website (QR Code included here).
- Positions will remain open until filled or until recruitment needs are met.
- Hourly pay varies by position.
- Lifeguard certification training available for eligible candidates.

SCAN TO APPLY:



For additional information, please email:
I.Morales@epcounty.com



Reserve Your
PICNIC SHELTER
STARTING AT \$50/DAY

**CALL 915-273-3501
FOR MORE INFORMATION**



El Paso County County Administration Department

Upcoming Community Event

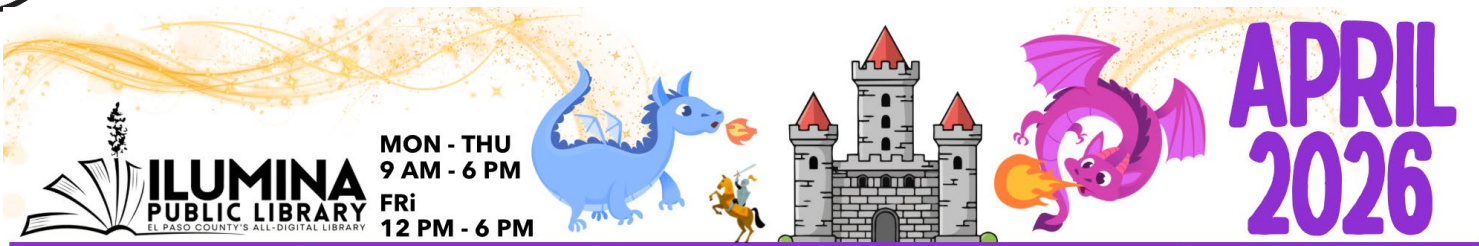
The Community is invited to participate in free, family-friendly tree planting events and are encouraged to register in advance at tinyurl.com/EPCLOvesTrees for the following location:

Saturday, April 18, 2026
9 to 11 a.m.
El Paso County
Sportspark
1780 N. Zaragoza Road, El Paso, TX 79936





El Paso County County Administration Department



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 CITIZENSHIP CLASS 5:45 PM	31 LIBRARY CLOSED Farmworkers Appreciation Day	1 COMPUTER CLASS for BEGINNERS 11 AM	2 FAMILY STORY TIME 4:30 PM THEME: DUCKS	3 LIBRARY CLOSED Good Friday
6 CITIZENSHIP CLASS 5:45 PM	7 Fairy and Red Dragon illustration	8 COMPUTER CLASS for BEGINNERS 11 AM	9 FAMILY STORY TIME 4:30 PM THEME: DRAGONS	10 LEGOS LEGOS at the LIBRARY 4 - 5:30 PM
13 CITIZENSHIP CLASS 5:45 PM	14 Fairy and Red Dragon illustration	15 COMPUTER CLASS for BEGINNERS 11 AM	16 FAMILY STORY TIME 4:30 PM THEME: FROGS	17 LEGOS LEGOS at the LIBRARY 4 - 5:30 PM
20 CITIZENSHIP CLASS 5:45 PM	21 Fairy and Green Dragon illustration	22 COMPUTER CLASS for BEGINNERS 11 AM	23 FANTASTICAL FANTASY PARTY! KIDS CLUB • 4:30 PM	
27 CITIZENSHIP CLASS 5:45 PM	28 Fairy and Green Dragon illustration	29 COMPUTER CLASS for BEGINNERS 11 AM	30 FAMILY STORY TIME 4:30 PM THEME: LADYBUGS	31 Enhanced Library Cards El Paso Public Library 1 - 5 PM LEGOS at the LIBRARY 4 - 5:30 PM

ILUMINA: EL PASO COUNTY'S ALL-DIGITAL PUBLIC LIBRARY • 15371 KENTWOOD AVE • 915-273-3409 • ILUMINALIBRARY.COM