**ADMINISTRATIVE & OPERATIONAL PROCEDURES FOR CONDUCTING**

**FORT BLISS – FITNESS RESOLUTION**

**28 JANUARY 2023**

1.**REFERENCES:** a. AR 215-1, Non-appropriated Fund Instrumentalities and, Morale, Welfare

and Recreation Activities, 24 September 2010.

2. **WHAT:** Fort Bliss SFA Group Fitness Program – Fitness Fair:

This event will include mini demos of fitness classes from fitness instructors, Body Composition analysis from Certified Personal Trainers, and Chair Massages from Licensed Massage Therapists. This event will also showcase the variety of services offered by the Fort Bliss Fitness program and vendors in the Fort Bliss area.

3. **WHEN:** 28 Jan 2023 – event starts at 0800

4. **WHERE:**  Warrior Zone, 21171 Medic Ave, Fort Bliss, TX

5. **ELIGIBLITY:** Open to Active Duty, Family Members, DOD/DA Civilians, Retirees, and the El Paso Community.

6. **REGISTRATION/FEES:**  No registration required **- FREE**

7. **SEQUENCE OF EVENTS:** Event starts 0800 and will last until 1000.

8. **OTHER:** Prizes, giveaways, and fitness clothing for sale available at the event.

9. **EVENT DIRECTOR**: Chastity Jose, 744-5790

//original signed//

Chastity Jose

Fitness Coordinator

Fort Bliss, TX