**ADMINISTRATIVE & OPERATIONAL PROCEDURES FOR CONDUCTING**

**FORT BLISS – COMMANDER’S CUP ARMY TEN MILER QUALIFIER**

**19 May 2023**

1. **REFERENCES:** a. AR 215-1, Non-appropriated Fund Instrumentalities and, Morale, Welfare

 and Recreation Activities, 24 September 2010.

2. **WHAT:** Fort Bliss Sports, Fitness & Aquatics – Commander’s Cup Army Ten Miler Qualifier Race.

3. **WHEN:** 19 May 2023 // 0600

4. **WHERE:** Biggs Physical Fitness Center, BLDG 11251 Biggs St.

5. **ELIGIBLITY:** Active-duty military personnel, Army Reserve, and National Guard Soldiers in active status assigned or attached to Fort Bliss.

 **This is a competitive event.** **Walkers, strollers, and pets are prohibited.**

**Bibs will be required of all runners. Bib Tags must be filled out to include: name, age, and gender. Bibs must be placed mid-chest and chip on shoe if chip is issued. Runners not following these guidelines will not receive an official time for the race and will not be eligible for awards.**

6. **CATEGORIES:** Individual Men’s and Women’s Age Category. Men’s and Women’s overall

category. Commanders Cup winner and Runner Up.

7. **DIVISIONS:** MEN and WOMEN AGE CATEGORIES

 19- Under years of age

 20- 29 years of age

 30-39 years of age

 40-49 years of age

 50 + years of age

8. **REGISTRATION: Pre-Registration:** At ACTIVE.com or Soto, Stout, Biggs, Logan, and Milam Physical Fitness Centers through 16 MAY 2023.

**For this Commander’s Cup event preregistration is highly encouraged.**

**Late Registration:** On-Site Registration 19 MAY 2023, 0445-0530 at Biggs Physical Fitness Center.

9. **PACKET PICK UP: On-Site Packet Pick Up:**

 17 MAY 2023, 1630-1830 at Biggs Physical Fitness Center

 18 MAY 2023, 1100-1300 at Biggs Physical Fitness Center

 19 MAY 2023, 0445-0530 at Biggs Physical Fitness Center

**Packet pickup closes at 0530 for ALL RUNNERS, pre-registered runners and those that register day of. If packet is not picked up by 0530** bib and chip will not be issued. Runners can participate in event but will not be eligible for awards/points and time will not be recorded.

10. **SAFETY BRIEF:** 19 May 2023, 0545 outside at start/finish line.

 **Course closes at 0900. Anyone remaining on course may continue**

 **without support or may request to be taken back to starting point.**

11. **START TIME:** 19 May 2023, 0600

12. **PROTESTS:** Protests regarding participant eligibility will be addressed immediately on site with supporting documentation to the Event Director.

13**. AWARD CEREMONY:** 19 MAY 2023, approximately 0800

14. **AWARDS:**  a. Individual - 1st thru 3rd place awards will be presented in all men’s and women’s age categories.

b. Overall Male & Female: First place awards will be presented to the top male and female finishers.

c. Commander’s Cup winner and runner up.

Points will be awarded to the top finishers’ units in each age division.

 7 points = 1st place, 5 points = 2nd place, and 3points = 3rd place.

 Participation Points for Running Events:

 1-25 participants = 10 points

 26-75 participants = 20 points

 76-150 participants = 30 points

 151-250 participants = 40 points

 251+ participants = 50 points

15**. MEDICAL SUPPORT**: Medical coverage will be provided.

16. **EVENT DIRECTOR:** Teia Mack, 744-5785

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Teia Mack

Assistant Sports Director

Fort Bliss